

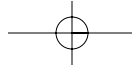
NORTH YORK HARVEST FOOD BANK



2007 Annual Report



This report is courtesy of a benefactor who wishes to remain anonymous





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SIGNIFICANT NUMBERS

16,850 people (approximately) a month were served by our **61 member agency food programs***

34% of food bank clients are children

\$6.61 per day is the amount clients have to spend after rent is paid

29% of food bank clients that are immigrants have a university or post-secondary education compared to **17% of food bank clients born in Canada**

6,331 separate financial gifts were received from wonderful supporters

40% of all food raised comes through **community food drives and local farms**

8% of all Food Bank expenditures were allocated towards administration costs**

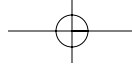
31,000 students (approximately) from more than **125 schools, youth groups and teams** took part in 135 separate food drives that **raised over 75,000 pounds of food** through the **Donation Nation Youth Initiative**

13,850 hours were donated by **1,245 volunteers**

* The difference between 2006 and 2007 figures is in large part due to a new method of statistical collection and analysis

** Based on the 2006 charitable tax return

Note: Contact details and charitable information are located on the back cover of this report.

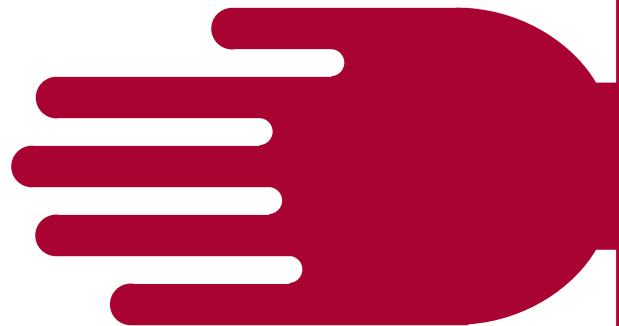


OUR MISSION

**Feed Those In
Need**

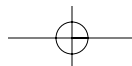
&

**Work To Reduce
Hunger**



- Neighbourhood Food Bank Network
- Food Drives
- Meal Programs
- Food Gleaning
- Community Kitchens Making Connections
- Perinatal Programs

- Community Education & Advocacy
- Resource Support & Referrals
- Tax Clinics
- Youth Initiatives
- Meal Preparation Workshops
- Demonstration Garden





MESSAGE FROM THE CHAIR

Morley Katz

When food banks began appearing over 20 years ago, there was a general belief among those who founded and worked in these charities that they would be a temporary measure to alleviate the emerging hunger problem. It was recognized that providing emergency food relief was a way of dealing with a symptom of a larger problem, that of poverty and an inadequate social safety net to help those in need of assistance due to hard times resulting from job loss, illness, or other circumstances.

Rather than diminishing as a problem, the issue of hunger has grown substantially over the years. The social safety net has been steadily weakened rather than strengthened. Successive governments have abdicated their responsibility to ensure that those citizens in need are supported to the extent fair and just in a civilized and wealthy society, and citizens generally have not held those in power to account to the degree needed to reverse this erosion of social policy and its consequences. Instead, governments have successfully downloaded this responsibility to the charitable sector to a large extent. And the buck stops with these organizations ... there's no one else to download to. Nor are these not-for-profits looking to shirk as have governments. That is not the action of responsible social organizations and their supportive citizens in a fair and just society.

However, all of this does beg a critical question: **Should we be institutionalizing food banks as a long-term solution to hunger, or is there another approach to this problem that we should be pursuing? We know that we need to continue to provide emergency food relief for as long as it is needed. But is there a way of doing this that builds capability and capacity in our local communities, so that over time we can couple compassion and help with greater self-sufficiency, freedom, choice, and dignity?**

We have been asking this question and exploring possibilities for some time at North York Harvest Food Bank. It is more and more evident to us that rather than institutionalizing food banks over the long term, we should be exploring other opportunities. For example, perhaps we should be supporting and investing in the development and institutionalization of social enterprises, and partnering with these organizations, who provide economic benefits to their members as well as employment opportunities. These organizations could then leverage our investment and direct a portion of their profits to support emergency food relief and hunger reduction in innovative ways. The innovations we are exploring include new ways of supporting our clients by providing them with greater economic freedom and the ability to

purchase foods of their choice, more suited to culture, ethnicity, and personal preference, rather than making those choices for them primarily by providing food hampers. We're not sure whether these approaches will prove fruitful and optimal, but we are continuing to explore new ways to reduce hunger over the long term, while still ensuring that we feed those in need now as we have for more than two decades.

On another note, I would like to acknowledge a very significant event in the evolution of the North York Harvest Food Bank. After more than 20 years of committed and dedicated service, our Founder and Executive Director, Loren Freid, is leaving the organization.

I know that this is a momentous change for us all. Loren is an outstanding individual. Most who know Loren establish a deep, respectful and trusting relationship with him, whether on a professional level as an Executive Director, or on a more personal level as a man of tremendous character and integrity who adds value to others just by knowing and interacting with him. Loren has added immeasurably to the well-being of our community as a whole and to myriad individuals, directly and indirectly, through his initiative, influence, compassion and actions over many years. Despite the great loss we all feel as he moves on to the next phase of his career, I know we all wish him the very best and much success.

Thank you for your on-going support of the North York Harvest Food Bank. We look forward to your continued interest and support in the coming years.

May, 2008

REPORT FROM THE **TREASURER**

Chris Hilborn



2007 was again a financially stable year for the North York Harvest Food Bank. For the fifth consecutive year, the Food Bank finished the year with a net surplus, generating a financial reserve for 2008. While this reserve allows us to start out the year strong, there are still some challenges ahead for the upcoming year.

Despite some fundraising shortfalls leading into the final quarter of 2007, the Food Bank again achieved our revenue target and exceeded it by a small amount. This was due in part to a new fundraising stream for 2007 – donations of publicly traded shares. In 2008 we will continue to diversify our revenue streams through a new 'On-line Virtual Food Drive' tool and other new avenues of fundraising.

Expense management at the Food Bank remains strong. We were able to find some significant savings in necessary expenses such as insurance. At the same time, we were able to find cost savings in our programming while still delivering the full benefits of the programs. Proactive expense reduction is required as we see increasing costs in such areas as occupancy costs and food purchases. We continue to require more funds to purchase food both due to a continued decrease in food donations. This decrease, combined with increasing food costs, means we must continue our strong financial discipline.

As the Food Bank continues to develop initiatives to "work to reduce hunger", we are also transforming the financial reporting of the Food Bank. We are preparing to change our financial year to start and end in the fall. This will allow us to have a clearer picture of the funding available for programming. Starting the financial year in the fall will allow the Food Bank to have a strong cash position at the end of the first quarter and should allow us to remain cash positive throughout the year. With the current financial year (January – December), it is not abnormal to have expenditures exceeding revenue by more than \$150,000 by the third quarter of the year. Moving the financial year will allow us to maintain a positive cash flow and more accurately allow us to fund programs.

In addition to changing the financial year, we have also put into place a stronger and timely financial planning process. We will continue to build these processes as well as provide additional reports and metrics that will be insightful to our members, donors and supporters.

Implementing the new initiatives requires a dedicated and committed team of employees. To support this team, the HR committee designed best practice tools and to manage performance and compensation to compensate the staff closer to competitive market levels. This was made possible by our recent financial stability.

We are anticipating that 2008 will be a pivotal year for the Food Bank as we continue to put more focus on the second part of our mission statement ("Work to Reduce Hunger"). Thanks to our supporters' generosity and good financial management, we start 2008 financially stable to continue to transform the organization to better address the causes of hunger.

A handwritten signature in black ink that reads "Chris Hilborn". The signature is fluid and cursive.

May, 2008



MESSAGE FROM THE EXECUTIVE DIRECTOR

Loren Freid

2007 ushered the North York Harvest Food Bank's entrance into our third decade of service. It was a year in which food bank use was at one of its all-time highs, exceeding 75,000 people a month in Toronto. Simultaneously, it was a year in which the provincial government - once again - examined new approaches to developing a comprehensive poverty reduction strategy. In effect, it was a year in which we remained overwhelmed by the demand on our services yet cautiously optimistic that this new round of poverty reduction and reform would, finally, reduce the need for our services.

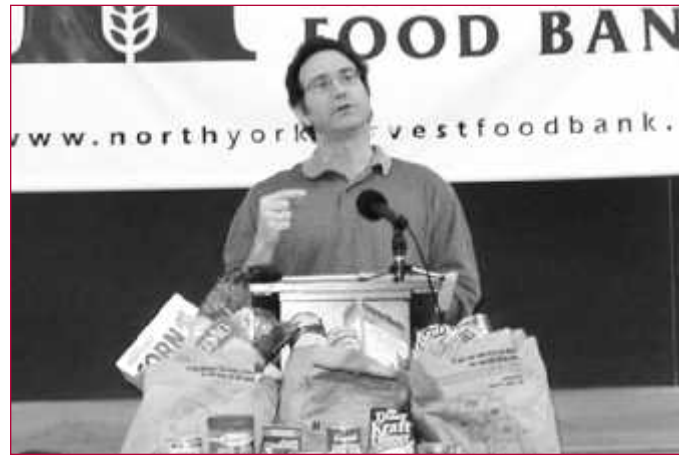
While we remain cautiously optimistic about the government's commitment to developing a comprehensive poverty reduction strategy, the deepening severity and growing number of people who live in poverty and come to neighbourhood food banks opens us up to the necessity to innovate. As a result, from the standpoint of our operations and approach to service delivery to meet the growing need, 2007 can also be characterized as a transformative year in our organization's history and development.

People who use food banks, whether they are working, unemployed or experiencing a disability are living in extreme poverty. After paying for rent and utilities, food bank users, on average, have just \$6.61 per person per day to cover all other expenses, including food. Many parents go hungry so their children have enough to eat. In Toronto, people are now being forced to choose between buying food and paying the rent. Visits to food banks across the city have become a "budgeted" occurrence as more and more families using neighbourhood food banks are forced to do so on a planned monthly basis. In essence, in order to meet this extreme state of poverty, we have come to realize that food banks are no longer perceived as merely a "stop gap" measure, but rather an on-going source for food and other essential services.

Therefore, despite limited resources, many neighbourhood food banks have increased their hours and diversified their food programming to meet the challenge. Others, still, go beyond food provision altogether by establishing information and referral services to complement their existing grocery programs, thereby giving clients access to other fundamental social services they require. In effect, some food banks are not merely food banks, but rather act as gateways and conduits for clients to access other essential services.

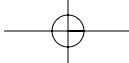
In order to more effectively meet this increased and diversified approach to poverty across the city, the North York Harvest Food Bank has been exploring its mission statement, its

community partnerships and its existing infrastructure. We came to realize that both parts of the mission statement - either in terms of programming, meaning or direction - required a re-examination of their roles and an investment of time, thought and process in order for that to be achieved. In doing so, we also realized that our existing governing and operating apparatus must also be strengthened and upgraded in order to proceed with the work we felt was required for our mission statement and therefore our organization.



The first part of our mission statement, feeding those in need, is very much what a food bank is about. We provide emergency relief to individuals and families. We must continue ensuring that we are able to provide this service to the best of our abilities despite our belief that the underlying causes of hunger must be addressed through other means, such as effective and critical social policy, to eliminate the need for food banks over the longer term. As a result, we have taken notice of the need to find new ways to ramp up our operational capacity through the implementation of other potential, yet untapped, acquisition resources.

For the past twenty plus years the Food Bank has done well in re-distributing foods donated primarily through food drives and corporate donations. But with the need for the Food Bank to adequately serve our increasingly diverse client base, as well as addressing the significant decrease in donated items during local food drives, we have moved towards purchasing food on a larger scale. As a result, the North York Harvest Food Bank spent almost ten times more money on purchased food in 2007 than we did in 2006. More food was purchased in 2007 than ever before, and the trend will continue in 2008 as we launch our Virtual Food Drive.



MESSAGE FROM THE EXECUTIVE DIRECTOR



A48 • TORONTO STAR • WEDNESDAY, DECEMBER 19, 2007
IDEAS > PEOPLE'S PARTY > WEB FORUM

HOLIDAY GIVING

Too much stuff for some, not enough for others

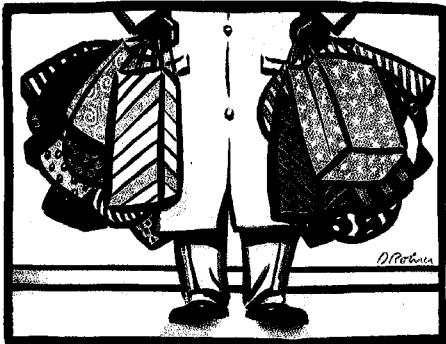
LOREN FREID
 Comedian George Carlin once wrote a funny routine called "Stuff." In it, he said: "A house is a pile of stuff with a lid on top. Sometimes you have to move. Why? Because your house is (so) full of stuff. Then you buy a bigger house. Why? So you can get more stuff."

I'm reminded of those words every year as the holidays approach. Everywhere you look, people are trying us to buy stuff. Stuff for our friends. Stuff for our family. Stuff for ourselves. We even buy stuff for our pets, who have no idea why they are getting stuff.

Now I'm not one of those people who love making other people feel bad about enjoying the holidays. I'm a fan of stuff myself and, I confess, I even enjoy getting stuff. But the holidays have always meant a lot more than just the giving and receiving of material things. It's a season for sharing, not just with our special friends and family but also with total strangers.

At this time of year, many of our neighbours are not preoccupied with getting material possessions; they are more worried about putting food on their tables. On average, more than 75,000 people a month across the GTA turn to neighbourhood food banks in order to survive. Food bank clients number the gamut of diversity in the GTA, including every gender, education level, age and ethnicity.

While on the surface hunger seems to be about a lack of food, the root cause is a lack of money to purchase basic necessities like food and shelter. People who use food banks, whether they are working, unemployed or experiencing a disability, are living in extreme poverty. The annual median net income of food bank households is \$11,748. Every single day there are Torontonians who must struggle with life-altering decisions such as whether to pay the rent or feed the kids, whether to purchase TTC tickets and newspapers to job-hunt or to feed the kids, whether to buy medicine for family members even though they don't have benefits to cover that cost, or to feed the kids.



DEAN KISHNER ILLUSTRATION

While all of these circumstances are different, they all have one thing in common: People must sacrifice food in order to meet other basic necessities in order to survive.

Many of our favourite holiday stories are about people who discover that it is through the act of helping others that their own holiday celebrations become more meaningful. At the North York Harvest Food Bank, people are discovering this as they join the larger effort to help bring food to hungry Torontonians. By supporting your local food bank through donations of food, money or time, you can participate in that larger effort and help to ensure that your neighbours will not go hungry during a season that celebrates eating until you are stuffed.

You can also help by reminding your local politicians that poverty reduction is morally just, economically necessary and long overdue. In 1989, an all-party resolution in

Parliament was adopted to eliminate child poverty by the turn of the century. Yet, since that fateful year, the rate of child poverty has remained the same at 17 per cent.

That said, we now have new reason to hope. In March, significant new measures were announced to address poverty. The re-elected provincial government has committed to the development of a comprehensive provincial poverty reduction strategy.

The government has already begun work on this strategy with the appointment of a cabinet committee responsible for poverty reduction, chaired by the minister of children and youth services. It is clear that poverty and hunger are firmly on the political agenda.

But time will tell if our newly elected provincial representatives will live up to their commitments, or if their words will ultimately echo the haunting legacy of that

1989 all-party resolution.

The reduction of poverty is monumental and complicated task, but it is in our collective interest to make it happen. Sometimes when we are faced with monumental tasks we feel overwhelmed, but the truth is that monumental tasks are often achieved through small, manageable steps.

This year, you can make your holiday a little more special by sharing your stuff with someone else. It will mean there is a little less stuff for you to find space for in your home, and it will mean a little more stuff on the tables of hungry Toronto families during the holiday season. By undertaking this simple level of support, you will be accomplishing the right stuff.

Loren Freid is executive director of the North York Harvest Food Bank.



cultivation and education; with North York Community House in developing food preparation workshops; with FoodShare and the Lawrence Heights Community Centre through our Demonstration Garden; and Donation Nation recruited dozens of new schools and tens of thousands of enthusiastic students to participate in both raising food and raising awareness.

We are also exploring other innovations that include new ways of supporting our clients by providing them with greater economic freedom and the ability to purchase foods of their choice, more suited to culture, ethnicity, and personal preference. We're not sure whether these approaches will prove fruitful and optimal, but we are continuing, with confidence, to explore new ways to reduce hunger over the long term, while still ensuring that we feed those in need now as we have for more than two decades.

This will be my last Message. After more than twenty years as the founding Executive Director, I am retiring from the North York Harvest Food Bank. Upon reflection, on the one hand, this is a time of personal pride and joy. It is impossible to measure the amount of human goodwill, generosity and self-sacrifice that has made our organization and the work we do possible. We have formed many partnerships with other community agencies working towards the same goal of alleviating poverty in our midst. And, from time to time, we have been an effective voice advocating for social change that directly impacts food bank use. On the other hand, with so many people having to access a neighbourhood food bank in Toronto, it is hard not to look upon this time as a call to action.

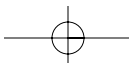
That said, the time to part ways with the North York Harvest Food Bank feels right to me and to the organization. I will leave the organization in a situation in which it is financially sound, well governed, expertly staffed, caringly volunteered and with a recently completed strategic plan that lays a ground work for future directions.

I wish to thank you for all of the support I received over the years. The North York Harvest Food Bank remains an important, vibrant and caring organization and I hope and trust that you continue to remain active with it long after my departure.

May, 2008

This brings us to the second part of our mission, namely working to reduce hunger. As Morley articulated in his 2006 Message, feeding those in need doesn't necessarily reduce hunger, because it addresses the symptom rather than the cause. We recognize that critical and effective social policy must be championed in order to eliminate hunger – and we must continue doing our part in this regard. To that end, we have been engaged in an on-going dialogue asking ourselves what else we might be able to do to work to address hunger in the short term. This dialogue led to the commissioning of a new Strategic Plan, authored by students of the University of Toronto's Rotman NeXus School of Business. The plan has shed some light on new initiatives that we might undertake to ramp up our efforts to address hunger, in conjunction with our traditional work as a food bank.

Developing this new programming meant fortifying our infrastructure, establishing new partnerships and building on our current collaborations to more effectively address hunger and poverty within our service area of northern Toronto. We worked more closely with a variety of community organizations, such as the Toronto Botanical Gardens in food



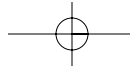


CODE OF ETHICS

The North York Harvest Food Bank is a member of the Canadian Association of Food Banks (CAFB) and the Ontario Association of Food Banks (OAFB).

As a member of the CAFB and OAFB the North York Harvest Food Bank upholds and adheres to the following Code of Ethics:

- 1 Everyone in Canada has the right to their daily sustenance and an existence which ensures that this condition is possible.
- 2 The Food Bank pledges its work to the ultimate physical and social well-being of low-income persons.
 - a. The Food Bank will organize its activities to bring about the greatest degree of dignity possible, especially with regard to the manner in which individuals receive food from the Food Bank, or its agencies
 - b. The Food Bank will undertake regular objective analysis at the Board level to ensure that, on balance, the well-being of low-income persons is improved by its activities.
- 3 The Food Bank is committed to the following social justice principles.
 - a. The Food Bank will design its programs so that food is at all times reaching its most worthwhile use in the community.
 - b. The Food Bank will undertake to utilize all edible foods that are surplus to market needs, wherever it is economic to do so.
- 4 Each Food Bank recognizes its role as the steward of a community pool of food, which it shall strive to make available to all responsible groups providing charitable food.
 - a. The Food Bank will maintain objective, public criteria for access to food.
 - b. The Food Bank will strive to reflect the broader interests of the community.
- 5 Nationally, Food Banks are committed to an ethic of sharing with those in Canadian regions with less food resources.
 - a. Industrial food donations will be shared equitably among all Canadian Food Banks.
- 6 The Food Bank will not barter, sell or trade foodstuffs at any time.
 - a. This prohibition does not affect fundraising programs conducted with a Food Bank's agencies.
 - b. Imposing a nominal handling charge is not considered selling food.
- 7 The Food Bank will have the highest regard for the proper and safe storage and handling of food,
 - a. The Food Bank will sort all food to safely consumable levels before distribution.
 - b. The Food Bank will seek to encourage safe handling and storage amongst its agencies.
- 8 The Food Bank will know and understand the social service context in which it operates, to ensure that it does not reduce the impetus for improvement to the government social assistance programs.
- 9 The Food Bank recognizes its role in alleviating hunger as a temporary response to this crisis, and will devote part of its activities to lessening this role.
 - a. The Food Bank recognizes the need for a regularly constituted entity in its community to continuously make the public aware of the existence of hunger and the factors which contribute to it.
 - b. In the absence of the type of organization described in 9(a), the Food Bank undertakes to bring about, or fulfill itself, the role of informed witness for the larger community.
 - c. The Food Bank will conduct its activities in a manner that brings about the greatest attention possible to the problems of hunger and of food surplus.
- 10 The Food Bank will conduct all its affairs and associations in a manner that will not trivialize the problem of hunger in any way, or see it used for commercial benefit.



DONATION NATION



Youth Initiative

In 2004 twelve year old twin sisters Lauren and Samantha Weisbarth were looking forward to their Bat Bitzvah. As part of the experience, they were expected to give to their community in a meaningful way. They chose to collect food for the North York harvest Food Bank.

Over the next three months Samantha and Lauren wheeled a wagon door to door through their neighbourhood, appealed to family and friends, and ultimately collected over 140 lbs of food donations for North York Harvest Food Bank. With it they revealed to North York Harvest Food Bank the strength of children and youth voices in our communities. They called this Donation Nation.

Since Samantha and Lauren made their way through our doors with the results from that first Donation Nation food drive, North York Harvest Food Bank has significantly expanded upon their initiative and harnessed the passion and energy in young people throughout northern Toronto. We have helped children and youth find their voices to speak out against hunger. By working together to foster a greater understanding of the root causes of hunger and poverty, we reinforce messages of sharing and community building. And, children have an opportunity to realize their potential to affect social change.

This past school year an estimated 31,000 Toronto area students, youth group and sports club members helped to alleviate hunger in our city volunteering their time, raising funds and awareness at local events, and doing their part to reduce hunger. In all, Donation Nation youth participants' collective efforts raised more than 75,000 pounds of food at 132 separate food drives, logged hundreds of volunteer hours and collected over \$10,000 in financial donations.

Our 2007 efforts have been featured in local media including major broadcast news and numerous community paper articles.

Plans are already in place to see Donation Nation grow and expand more over the next year, from increasing opportunities for student involvement in our reintroduction of the Donation Nation Pack to School Program (where donated school supplies are distributed to other children) to developing a full hunger and poverty curriculum as a tool for teachers, staff, and students to reinforce our goals both in the classroom and on site.

Some 2007 highlights:

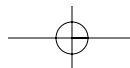
- Over 125 schools, teams and youth groups took part in 135 separate food drives which raised over 75,000 lbs of food
- 51 schools raised at least 500 lbs of food donations in 2007 alone
- Our record high school food donation of 5,018 lbs was presented in December by Forest Hill Public School (a parent at the school also matches the food donations each year dollar for pound)
- With awareness of the ongoing prevalence of hunger and poverty in our city, more schools and youth groups than ever before are taking part in efforts to raise food donations throughout the year and not just the holiday season.



North York Mirror cover story of Samantha and Lauren Weisbarth - the founders of our Donation Nation Youth Initiative.



CTV News Weather Anchor Tom Brown broadcasts from the Food Bank at our December Donation Nation media launch.





HIGHLIGHTS

In 2007 the North York Harvest Food Bank explored its mission statement in its entirety. We fortified the infrastructure to enable a broader range of activities that both feed community members who come through our doors, AND also prevented people from needing to use food banks. An effective way to reduce hunger is through proactive programs that meet people's most immediate needs coupled with more thoughtful strategies that reduce poverty and hunger in the longer term.

Building this infrastructure has meant establishing new partnerships and building on our current collaborations to more effectively address hunger and poverty within our service area of northern Toronto. We worked more closely with the Toronto Botanical Gardens in food cultivation and education; with North York Community House in developing food preparation workshops; with FoodShare and the Lawrence Heights Community Centre through our Demonstration Garden and Donation Nation recruited dozens of new schools and tens of thousands of enthusiastic students to participate in both raising food and raising awareness. (To read more about Donation Nation's accomplishments please see page 7) Here we highlight activities that are helping us to reach our goal of reducing hunger through a multi-pronged approach to poverty and food insecurity.

Toronto Botanical Gardens- teaching children how to grow and give

Each year the Toronto Botanical Garden generously donates all of the fruits and vegetables grown in their teaching garden to the North York Harvest Food Bank. This beautiful, organic food helps supplement the food banks supply of fresh food for our clients.

The harvest in 2007 was celebrated by the Toronto Botanical Garden with an exciting event that invited teaching garden summer camp participants to visit the garden with their families. Children excitedly skipped from crop to crop showing off what they had grown while harvesting the produce for donation to the food bank.



NYHFB moves towards purchasing greater quantities of food



Nishi Dolsingh (l) presents a cheque for \$1,800 donated by the residents of Atruim II to Angela Romita, Office Coordinator, to be used for the purchase of food.

For the past twenty plus years the Food Bank has done well in re-distributing foods donated primarily through food drives and corporate donations. But with the need for the Food Bank to adequately serve our increasingly diverse client base, as well as addressing the significant decrease in donated items during local food drives, we have moved towards purchasing food on a larger scale. Food dollars stretch further when spent by the Food Bank than by the average consumer. The Food Bank buys food in large quantities which allows us to purchase most needed items at a substantially reduced cost. It also means that we have more control over what stocks our shelves. NYHFB can purchase foods that are affordable but higher in nutritive value, and popular with our culturally and dietary diverse client base. Better quality foods at better prices ultimately translate into better client services. As a result, the North York Harvest Food Bank spent almost ten times more money on purchased food in 2007 than we did in 2006. As a result, more foods were purchased in 2007 than ever before, and the trend will continue in 2008 as we launch our Virtual Food Drive.

HIGHLIGHTS



Harvest to Hand Demonstration Garden



Demonstration Garden Coordinator, Tanashe Kanengoni (l), holds out an herb grown from the Food Bank's Harvest to Hand Demonstration Garden.

The Harvest to Hand Demonstration Garden showed the Food Bank and its broader community that even the most unsuitable of lands can be nurtured to grow food that addresses the diets of all people. Eggplants, zucchini, squash, herbs and lettuce as well as many other vegetables made their way from our garden to the dinner table.

After much work, the garden was designed as a Bio-intensive raised bed garden, a method of organic gardening that focuses on maximizing yield from a small area of land. The soil was stimulated by good drainage, aeration and abundant nutrient supply and the loosened soil moved air, moisture, warmth, nutrients and allowed roots to penetrate easily.

Beans, callaloo, tomatoes, wild strawberries and other crops were grown close to each other to maximize the abundance of nutrients and biotic activity per square foot. This close planting also provided a micro-climate that regulated temperature and water loss. Moreover the unique properties of the plants were considered in planting. For example, root centered crops (downward movement) were combined with leaf or fruit centred crops (upward movement).

Many community members participated in the planting, harvesting and celebrating of the garden's bounty- and we built institutional knowledge and community capacity in the process.

Making Connections & Food Preparation Workshops

Making Connections addresses the need for food bank users to have access to fresh produce. Since 1998 the program has improved the consumption and knowledge of fresh and locally-grown vegetables and fruit. We connect food program clients to fresh local produce. We link local farms to non-profit organizations and clients, and ultimately this provides a re-connection with both land and our food sources for all involved. Making Connections works with 'at-risk' individuals in the northern Toronto area including people with a low income, seniors, children, and newcomers.

NYHFB recognizes the ability of Community Kitchen cooking programs to build both individual and community capacity to reduce hunger and food insecurity. Cooking workshops provide the Food Bank with an opportunity to reach marginalized populations in a way that is both meaningful and practical. Participants learn new, low-cost and healthful ways of preparing fresh locally grown foods while sharing a nourishing meal with fellow community members.

2007 Making Connections Highlights

- Over 300 people participated in gleaning trips and they picked almost 1000 pounds of produce.
- Over 100 people participated in our workshops and learned to make peach blueberry cobbler, fresh salsa, coleslaw and home-made baby food.
- Over 5000 lbs of fresh delicious produce were donated.

As always, we want to thank our partnering farms for their incredible support, hard work and for continuing to provide our communities with fresh food.





MEMBER AGENCIES

The North York Harvest Food Bank supports a wide variety of programs across Northern Toronto. Although no two programs are exactly alike the following provides a brief description of our program types and some common qualities that they share:

Emergency Hamper Programs

Our emergency hamper program is the standard 'food bank' service. Clients walk-in to their neighbourhood food bank and leave with a three day supply of food for themselves and their families. Emergency Hamper programs can either be open to specific communities as determined by their catchment area, or be designed for a specific client base i.e. current or former residents of a shelter or students of a particular school.

Agency Name	Program Name
Apostles Continuation Church	Apostles Food Bank
Apostles Revelation Society	Society for the Living
Beatrice House	Beatrice House Food Bank (Community Outreach)
Ernestine's Women's Shelter	Ernestines Women's Shelter Outreach Program
Humber College-Northern Campus	Humber Students Federation Food Bank
Lansing United Church	Lansing Foodbank
Mount Zion Filipino Seventh Day Adventist Church	Mount Zion Food Bank
North York Harvest Food Bank	CAR-C
North York Harvest Food Bank	NYH Emergency Cupboard
North York Women's Shelter	North York Women's Shelter
Patterson Presbyterian Church	Patterson Food Bank
Prayer Palace	Prayer Palace Food Bank
Seneca College-North Campus	Seneca Student Federation Food Bank
Syme Woolner Neighbourhood and Family Center	Syme Woolner and Neighbourhood and Family Center
Thistletown Community Services Unit	Thistletown Community Services
Triumphant Church of God	Triumphant Food Bank
Weston Area Emergency Support	Weston Area Emergency Support
Westway United Church	Central Etobicoke Emergency Support
York Memorial Presbyterian Church	York Memorial
York University-Glendon Campus	Glendon Women's Centre Food Bank
York University-Student Federation	Food 4 Thought
Youth Without Shelter	Youth Without Shelter
Church of the Ascension	Community Share Food Bank

Home Delivery Hamper Programs

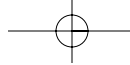
Home delivery hamper programs provide delivery services to individuals who are unable to personally access their local food bank.

Agency Name	Program Name
Better Beginnings Now-CAPC	BBNow-emergency food bank for Family Home Visiting Program
Horizon's for Youth	Outreach
Toronto North Support Services	Mental Health Outreach
Toronto North Support Services	Street Outreach
Toronto North Support Services	Follow-Up

Community Kitchen Programs

Community Kitchen Programs involve a group of people coming together to collectively prepare delicious food. Sometimes participants are preparing food to consume on the spot and other times they are preparing meals to take home to their family.

Agency Name	Program Name
North York Community House	Community Kitchen



MEMBER **AGENCIES**



Supplementary Programs

For individuals and families that struggle with systemic poverty, our supplementary program works to assist with competing demands on a limited resource pool. Supplementary programs differ from emergency programs in that they are designed for specific low-income groups in an identified housing or ethnic community. Residents receive food bi-weekly or monthly and share it evenly amongst all those who are in need.

Agency Name	Program Name
Black Creek Community Health Centre	Black Creek Community Health Centre-Emergency Cupboard
Cathedral of Hope Ministries	Villaways Supplementary Program
Delta Family Resource Centre	Food Club Supplementary Program
Doorsteps Neighbourhood Services	Falstaff Food Club
Jane Finch Community & Family Centre	Jane Street Supplementary Program
Jane Finch Community & Family Centre	Jane/Milo Supplementary Program
Jane Finch Community Ministry	Jane Finch Community Ministry Supplementary Food Bank
North York Community House	Community on the Move/ Trethewey
Tobermory Community Activities	Tobermory Supplementary food program
York Community Services	York Community Services

Meal/Snack Programs

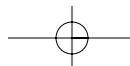
Meal/Snack programs provide either full meals or snacks to a range of clients or consumers. This program is particularly useful to member agencies that see clients in a non-food related capacity. By providing food to such programs it allows participants to focus on why they are at that particular program, rather than their grumbling stomachs.

Agency Name	Program Name
Cathedral of Hope Ministries	Cathedral of Hope Snack Program
Faith Sanctuary Pentacostal Church	Feed my Lambs
Horizon's for Youth	Day Program
It's In Me Education to Employment Programs	It's In Me Education to Employment
North York Community House	Meal/Snack Program
Syme Woolner Neighbourhood and Family Center	Syme Woolner and Neighbourhood and Family Center
Tobermory Community Activities	Tobermory Youth program
Youth Without Shelter	Youth Without Shelter
Eva's Place	Eva's Satellite
Eva's Place	Eva's Place, main office

Perinatal Programs

Perinatal programs provide groceries and food staples to pre- or postnatal program participants. These programs have incorporated food into their programming as a means of preventing low birth weight babies and to foster nutritionally adequate diets from the very beginning of life.

Agency Name	Program Name
Better Beginnings Now-CAPC	BBNow Early Start to Living Smart
Better Beginnings Now-CAPC	BBNow Early Parenting Program (Brahm's)
Better Beginnings Now-CAPC	Better Beginnings Now-Canadian Prenatal Nutrition Program
Hinck's Dellcrest Centre	Black Creek Evening Prenatal
Hinck's Dellcrest Centre	Daystrom Early Parenting & Prenatal
Hinck's Dellcrest Centre	Teen Pregnancy & Early Parenting Project
Hinck's Dellcrest Centre	Falstaff Early Parenting and Prenatal
Hinck's Dellcrest Centre	Tobermory/Healthy Beginnings for Babies
Lawrence Heights Community Health Centre	LHCHC-Labour of Love Prenatal
Lawrence Heights Community Health Centre	LHCHC Early Years





FOOD AND IN-KIND DONORS

CORPORATE FOOD PROVIDERS

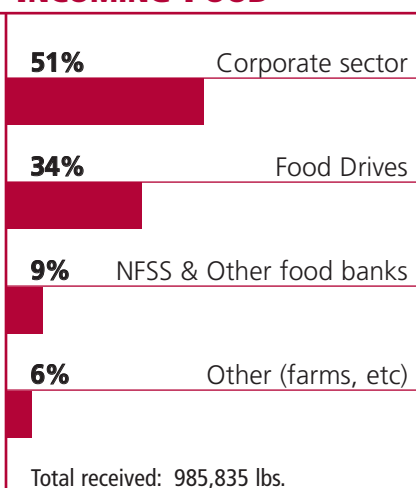
Baker's wonder
 Fortino's (various locations)
 Freshlink
 Galati Market Fresh
 Gaylea Foods
 Give & Go Prepared Foods
 IGA (various locations)
 Imperial Foods
 Irving Tissue
 Johnvince Foods
 Kimberly Clark
 Linsey Foods Ltd.
 Longo's
 MacKay & Hughes
 Maple Leaf Foods
 Maso Importing
 National Produce
 Nestle Canada
 Procter & Gamble
 Reliable Foods
 SDI Marketing
 Shalit Foods
 Unilever Canada

N.B. - The North York Harvest Food Bank is a member of the Canadian Association of Food Banks and is an active participant, as well as beneficiary of its National Fair Share Food Distribution Systems (NFSS). As a result, many more food manufacturers and retail stores operating within the NFSS also become contributors to the North York Harvest Food Bank.

MARKET GARDEN FARMS

Forsythe Family Farms
 Homestead Orchards
 Reesor Farm
 Whittamore's Farm

INCOMING FOOD



COMMUNITY FOOD DRIVES

Companies

Bell World
 Bentall Retail Services (various locations)
 Bombardier
 Cadillac Fairview
 Canada Pension Plan Investment Board
 Canada Revenue Agency
 Canadian Imperial Bank of Canada
 Canadian Jewish News
 Collega Aveda
 Comwave
 Co-operators Group
 Curves International (various locations)
 D & D Party & Tent Rentals
 Dell Computers
 Delta Bingo
 Dominion Food Stores
 Doubletree International Plaza Hotel
 Disney Store
 Edward Jones
 Extreme Fitness
 Galati Market Fresh
 Hewitt Associates
 Hudson Bay Company
 ICI Paints
 Investors Group
 Levine Financial Group
 Lori M. Consulting
 Manulife Financial (various locations)
 Maple Leaf Foods
 M & E Associates
 Megacity Tiling
 MMM Group
 Mollymaid Services
 Morguard Investments
 North York Chrysler
 Paradise Comics
 Periwinkle Flowers
 Purolator
 Redcliffe Reality Management
 Riggins Apparel
 The Bay
 Swarovski Canada
 Symcor Inc.
 TD Canada Trust
 Toronto Real Estate Board
 Traders Media Corporation
 Warner Bros.

Drop-Off Locations

Dominion
 Fortino's
 Faith Lutheran Church
 Galati Market Fresh
 Highland Farms
 Loblaws & Superstores
 North York Chinese Baptist Church
 North York Firehalls (various locations)
 Real Canadian Superstores
 Value-Mart

Hospitals & Health Care

Aphasia Institute
 Apotex Inc.
 Casa Verde Health Centre
 Crohn's and Colitis Foundation
 Downsview Chiropractic Clinic
 Dr. Kochen's Office
 First Chiropractic Clinic
 Humber River Regional Hospital
 (various locations)
 Juvenile Diabetes Foundation Canada Inc.
 North York General Hospital
 Paramed Home Health Centre
 Sanofi Pasteur
 Shaughnessy Chiropractic Office
 Sunnybrook Health Sciences Centre
 Total Health Chiropracty

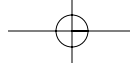
Religious Organizations

Abeizer Pentacostal Church
 Associated Hebrew Schools
 Bahá'í National Centre
 Beth Tikvah Synagogue
 Beth Torah Synagogue
 BJCC Temple Kolel
 Cham Shan Temple
 Celebration Presbyterian Church
 Church of Latter Day Saints
 Covenant Chapel
 Glebe Road United Church
 Immanuel SDA Church
 Kaballah Centre
 Lawrence Park Community Church
 Toronto Life-Spring Christian Fellowship
 North York Chinese Baptist Church
 Pride of Israel Synagogue
 Rames Shrine Temple
 St Fidelis Church
 St Phillips Anglican Church
 Temple Emanu-El
 Temple Har Zion
 Temple Sinai

Residential

Apartment Buildings Drive (various)*
 Cassidy Apartments
 Erskine Green Residence
 Kempford Seniors Building
 Morguard Investments (200 Yorkland)
 Montgomery Apartments
 MTCC 787
 MTCC 1377
 Palace Gate Condominium
 Rodeo Walk
 Skyview Apartments
 Spanish Villa Apartments

* The North York Harvest Food Bank is a beneficiary in the annual GTAA/FRPO food drive that takes place over a one day period in hundreds of apartment buildings and condominiums across the GTA and throughout Ontario. We wish to thank the organizers for the wonderful job they do in establishing this food drive.



FOOD AND IN-KIND DONORS



School Drives

AGBU Zaroukian School
 Albert Campbell C I
 Ancaster Public School
 Arbor Glen Public School
 Armour Heights Elementary School
 ARS Armenian Private School/Community Centre
 Associated Hebrew Schools
 Avenue Road Daycare
 AY Jackson Secondary School
 Bala Avenue Community School
 Baythorn Public School
 Bayview Elite Learning Centre
 BBYO Youth Group
 Beaumonde Heights JMS
 Bedford Park Public School
 Beverley Heights Middle School
 Blaydon Public School
 Branksome Hall
 Calico Public School
 Cardinal Carter Academy for the Arts
 Central Etobicoke High School
 Central Montessori Schools
 C.H. Best Middle School
 Cherokee Public School
 Churchill Public School
 Claude Watson School for the Arts
 Courtleigh Place Child Care
 Cresthaven Public School
 Dallington Public School
 Dante Alighieri Academy
 Davisville/Metropolitan School for the Deaf
 Public School
 Denlow Public School
 Derrydown Public School
 Deutsche Schule Toronto
 Don Mills CI
 Don Mills Collegiate Institute
 Don Valley Junior High School
 Donview Middle School
 Downsview Secondary School
 Dublin Heights Elementary & Middle School
 Earl Haig Secondary School
 Elia Middle School
 Elkhorn Public School
 Fenside Children's Centre
 Fieldstone Day School
 Fisherville Junior High School
 Fleming Public School
 Forest Hill Public School
 Frank Oke Secondary School
 General Crerar PS
 George S. Henry Academy
 German Mills Cooperative Nursery School
 German Mills Public School
 Glen Park Public School
 Greenland Public School
 Gulfstream Public School
 Havergal College
 Highview Public School
 Hillcrest Jr. Public School
 Hollywood Public School
 Humber Summit Middle School
 Humewood Community School

John Wanless Junior Public School
 Keelestdale Junior Public School
 Kenton Learning Centre
 Lawrence Heights Middle School
 Lawrence Park CI
 Ledbury Park Elementary and Middle School
 Leo Baeck Day School - Holy Blossom Campus
 Lescon Public School
 Lester B. Pearson Elementary School
 Loretto Abbey Catholic School
 Maple Leaf Public School
 McMurrich JPS
 Melody Village Junior School
 Merit Academia
 Merle L. Levine Academy
 Newtonbrook Secondary School
 Norman Ingram Public School
 North Albion CI
 OCAD
 Our Lady of the Assumption Catholic School
 Park Lane Public School
 Pierre Laporte Middle School
 Pineway Childcare / Public School
 Pleasant View Junior High School
 Presteign Heights Elementary School
 Ranleigh Rascals Daycare
 Rockford Public School
 Sathva Sai School of Canada
 Samrat Chakraborty
 (Student run independent School Drive)
 Scarlett Heights Entrepreneurial Academy
 Sheppard Public School
 Shoreham Public School
 St. Andrew's Junior High School
 St. Antoine Daniel Elementary School
 St. Eugene Catholic School
 St. Fidelis Catholic School
 St. Francis Xavier Secondary School
 St. John Vianney Catholic School
 St. Nicolas of Bari School
 St. Paschal Baylon Catholic School
 St. Simon Catholic School
 St. Timothy Catholic School
 Stanley Public School
 Sterling Hall Public School
 Summit Heights Elementary School
 Three Valleys Public School
 Topcliff Public School
 Toronto French School
 Toronto Montessori Schools
 Vaughan Secondary School
 Ventura Park Public School
 William Lyon MacKenzie Collegiate Institute
 Willow Academy
 Willowdale Middle School
 Wilmington Elementary School
 York Academy of Martial Arts
 Yorktown Montessori School

N.B. Most of the Schools noted participate in Donation Nation. Launched in 2004, Donation Nation has evolved into a city wide initiative of community involvement, with the intent of

building support for the Food Bank amongst the city's youth in a variety of ways (see page 7).

Service Clubs, Community Organizations and Labour

110 Social Club
 232 Cubs
 318 Girl Guides
 Amesbury Community Centre
 Armenian Community Centre
 Armour Gardens Community Association
 Army Cadets
 Canada Pension Plan Investment Board
 Can All Star
 Granite Club
 Ministry of Community, Family & Children's Services (Family Responsibility Office)
 National Council of Jewish Women
 Man To Man Prostate Cancer Support Group
 Metagroup
 Toronto Region Conservation Authority
 Volturmo Social Club
 Yak Fest
 YMCA
 York Academy of Martial Arts

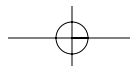
IN-KIND DONORS

Atlantic Packaging
 Erb Transport
 ING Real Estate
 Il Fornello
 Molsons Breweries
 Nerds On Site Inc. (Canada)
 PricewaterhouseCoopers Canada
 Tippet Richardson Limited
 Toronto Community News
 Zip Cars

Plus others who wish to remain anonymous

OUTGOING FOOD

Grains	15%
Fruit & Vegetable	26%
Meat & Alternatives	17%
Baby Foods	3%
Dairy Foods	8%
Other	25%
Non-Food items	5%
Total Food Distributed: 978,657 lbs.	





FINANCIAL SUPPORTERS

The North York Harvest Food Bank deeply appreciates the support of our many donors. We are truly grateful for every gift of every size. Thank You!

\$5,000 and Over

CCL Industries Inc. • CHUM Charitable Foundation • CIBC Charitable Foundation • Dell Canada • Fleck Family Foundation • IBM Employees' Charitable Fund • Nathan & Lily Silver Family Foundation • PricewaterhouseCoopers LLP • Scotia Capital Inc. • Temple Sinai Congregation of Toronto • The Catherine and Maxwell Meighen Foundation • The S. Schulich Foundation • Toskan Casale Foundation • Tippet Foundation

\$1,000 to \$4,999

Atrium II • Aurion Capital Management Inc. • Ben and Hilda Katz Charitable • Canada Protection Plan Inc. • Canadian Tire Foundation for Families • Carick Building Products Ltd. • Colliers International Marketing Corporation • Curves International • DUCA Financial Services Credit Union Ltd. • Hbc Foundation • Investors Group • J.E. Panneton Family Foundation • J.P. Bickell Foundation • Jubilee United Church • Mynext Mortgage Company Limited • Noor Cultural Centre • Purolator Courier • PwC Canada Foundation • Sanofi Pasteur • Steelworkers Humanity Fund • The Harold E. Ballard Foundation • The Hazelton Group Inc. • Twenty-First Century Investments Inc. • Wal-Mart Canada Corp.

\$500 to \$999

Bell Canada • Blake, Cassels & Graydon LLP • BMO Employee Charitable Foundation • Canadian Federation of Independent Business • Cardinal Carter Academy for the Arts • Color Steels Inc. • Conservation Toronto and Region • Corner-Edge Products Ltd. • Covenant Chapel • Curves International • Deloitte & Touche • Eckler Ltd. • Havergal College • Lee Tak Wai Foundation • Livelife Lifestyle Enhancement Services • Loretto Abbey Catholic School • Manulife Financial • Mattamy Homes • Morguard Investments Limited • St. Ansgar Lutheran Church • St. Mark's Presbyterian Church • State Farm Companies Foundation • Sunnybrook Hospital • The Georgina Foundation • The Harry and Toby Jordan Foundation • Toronto Life - Spring Christian Fellowship • Toronto North Dental Hygienist Society • Ukrainian Credit Union • United Way Ottawa

\$100 to \$499

Agricola Finnish Lutheran Church • Allemby Management Group Inc. • Beverley Hills United Church • Bombardier Aerospace • Canada Trust • Canadian Tire Corporation Ltd. • Chase Paymentech • Children, Youth & Social Services I & IT Cluster • Church of Our Saviour • CIBC Business Contact • Centre Social Committee • Creechurch International Underwriters • Curves International • David Merkur Holdings Inc. • Denlow Public School • Don Mills Collegiate Institute • George S. Henry Academy • Global Upholstery Co. Inc. • Guru Gobind Singh Children's Foundation • Harvey Kalles Real Estate Ltd. • Imperial Carpet & Home Inc. • International Brotherhood of Electrical Workers • J.S. Cheng & Partners Inc. • Joseph Hair Salon • Lori M. Consulting • Markel Insurance Company of Canada • Millwright Regional Council of Ontario • Molson Canada • OPG Employees' & Pensioners' Charity Trust • Oriole York Mills United Church • Paradise Comics • Rexdale Transmission Ltd. • Robins Appleby & Taub Barristers & Solicitors • S.A.J.A.C. Seniors • Scarlett Heights Entrepreneurial Academy • Tasker Financial Services Inc. • The Aidmatrix Foundation • The Herbert Green Family Charitable Foundation • The Institute of Chartered Accountants • The Molson Donations Fund • The Scandinavian Canadian Club of Toronto • Toronto Accolades • United Way of Greater Toronto • United Way of Peel Region • Willowdale Lawn Bowling Club • Wood & Associates Direct Marketing Services Ltd. • York University Faculty Association



Our annual Hungry Moose Parade travelling along Lawrence Avenue spreading awareness of hunger and poverty in northern Toronto.

CORPORATE CONNECTORS CIRCLE

Established in 2000, the Corporate Connectors' Circle is a marketing program and sponsorship opportunity for corporations and other organizations to designate a significant contribution to a specific Food Bank area of service delivery.



Thriving Babies
Emergency
Formula Fund



"Roving Heroes",
Truck & Food
Distribution Program



The Essential Food
Program

Harvest to Hand
Community
Demonstration
Garden



Bank Financial Group

Volunteer Services



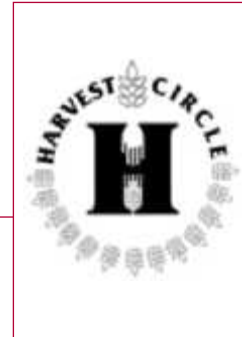
Website Enhancement



Community Action
Resource Centre
(CAR-C)



Warehouse
Sponsorship



FINANCIAL SUPPORTERS

Harvest Circle

Harvest Circle members through their leadership giving demonstrate a true commitment to the North York Harvest Food Bank and our mission of feeding those in need and working to reduce hunger. Harvest Circle members donate a minimum of \$500 annually to fight community hunger. Harvest Circle members understand the power of partnerships and how one individual can make a difference in creating a healthier and stronger community. The continued support of our Harvest Circle members will help us fulfill our mission and grow with the needs of the community.

Thank you to the following Harvest Circle Members

- | | | | | |
|---------------------|---------------------|--------------------------|--------------------|---------------------|
| Abraham Fish | Edward Richardson | Joe Essaye | Martin Carsley | S. Lau |
| Akil Sadikali | Eleanor Caesar | John Braive | Mary Estelle Wiley | Sandra Fruitman |
| Ambury Stuart | Elva Obukuro | John Crow | Michael Clancy | Scott Mathers |
| Audree Koehle | Francis Zwiers | John Thompson | Michael Cochrane | Sheldon Silverberg |
| Bill Hozy | Gary Luftspring | John Williams | Michael H. Wilson | Stephen Fraser |
| Catherine Cockburn | George Brereton | Jose Danobeitia | Monica Johnson | Susan Blue |
| Charissa Levy | Gillian Brunier | Josee Jansen | Monty Sands | Susan Hayward Payne |
| Christina Cosandier | Gordon Feeney | Joseph Sorbara | Morley Katz | Syd & Terri Rein |
| Clara Robert | Granville Henderson | Joshua & Karen Auslander | Nancy Sprott | Toddy Granovsky |
| Clifford Dresner | Harold Finch | Judith Miller | Reena Berling | Tom & Cathy Copland |
| David Wells | Harriet Lewis | Judy Pace | Rob Schenkel | Tony Arrell |
| David Young | Henry Ens | Kathy Yip | Robert Fenn | W.E. Barnett |
| Donald K. Johnson | Isabelle Wagner | Lois Rowland | Robert Stewart | |
| Doug Hennessy | J. Brian Colburn | Olivia M. Lee | Robert D. Peck | |
| Earl Haslett | James Gregory | Margaret Nightingale | Rudy Koehler | |
| Edmund Clark | Jean Desgagne | Margaret O'Brien | Ruth Lardner | |

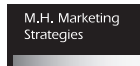
(and many more generous supporters who wish to remain anonymous)

CORPORATE ADVISORY BOARD MEMBERS

The Corporate Advisory Board (CAB) is comprised of a team of concerned and established corporate and community leaders who volunteer their time to provide financial support, fundraising outreach, and advice on organizational strategic initiatives to the Food Bank. Since its inception in 1994, CAB has successfully worked to advance the mission of the Food Bank.



CCL INDUSTRIES INC.



HARVESTER MONTHLY DONORS

With a membership of over 200 donors and growing, our monthly donors provide a great comfort to the North York Harvest Food Bank. They help maintain a stable funding base. Their ongoing equal monthly payment amounts are critical to ensure that emergency food and other services are never interrupted, especially in the lean periods and times of crisis. Thank you to these donors for their outstanding commitment to our organization.

INDIVIDUAL DONORS

On behalf of the volunteers, board, staff and more importantly, our thousands of clients, we express our sincere gratitude to our wonderful donors who have chosen the North York Harvest Food Bank as recipients of their charitable contributions.

In 2007, we received approximately \$322,000.00 from over 3,500 individuals.



FINANCIAL INFORMATION

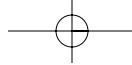
The statement of revenues and expenditures – operating presented below has been extracted from our organization's audited financial statements, as approved by our membership at our Annual General Meeting on June 3, 2008. Our auditors are PricewaterhouseCoopers LLP in Toronto, Ontario.

The North York Harvest Food Bank is committed to transparency and accountability to our stakeholders and general public. Our complete audited financial statements are available upon request.

STATEMENT OF REVENUES AND EXPENDITURES - OPERATING

For the year ended December 31, 2007

	2007	2006
	\$	\$
REVENUES		
Donations	578,138	497,866
Foundations and Grants	78,265	77,416
Special Events	44,212	34,550
New Horizons (Service Canada)	24,900	25,000
City of Toronto	20,000	20,000
Interest & Other	18,473	31,710
Total Operating Revenues	763,988	686,542
EXPENDITURES		
Wages and Benefits	463,584	432,657
Fundraising and Promotion	61,297	55,683
Office and General	55,100	41,985
Occupancy	39,946	31,492
Food Purchases	38,268	4,824
Warehouse, Trucks & Transportation	24,250	23,781
Volunteer and Other	36,148	37,947
Total Operating Expenses	718,593	628,369
Excess (Deficiency) of Operations	45,395	58,173



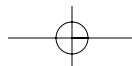
FINANCIAL INFORMATION



STATEMENT OF FINANCIAL POSITION (BALANCE SHEET)

For the year ended December 31, 2007

	2007	2006
	\$	\$
ASSETS		
Cash and Short-term investments	343,292	287,187
Property and equipment	239,947	274,250
Other Current Assets	8,426	41,463
	591,665	602,900
LIABILITIES		
Accounts Payable and Accrued Liabilities	22,919	21,972
Deferred revenue	211,065	260,428
	233,984	282,400
NET ASSETS		
Invested in Property and Equipment	28,882	13,822
Unrestricted	328,799	306,678
	357,681	320,500
	591,665	602,900



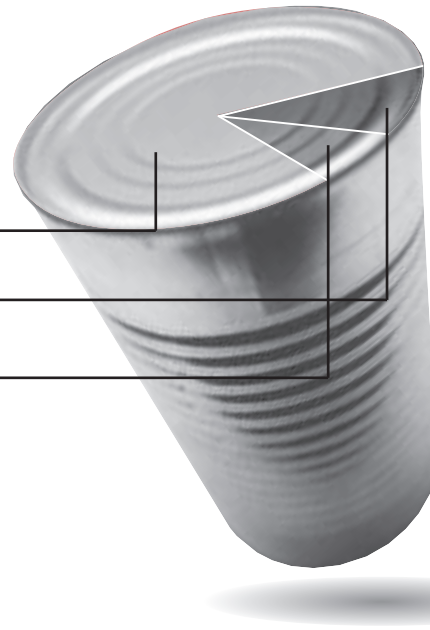


FINANCIAL INFORMATION

GREAT RETURN ON INVESTMENT

A donation to North York Harvest Food Bank results in a substantial return on investment. As the graph illustrates, 80% of our expenditures were allocated towards programs and services.

Programs and Services	80%
Fundraising	12%
Administration	8%



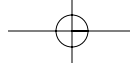
**Based on the 2006 North York Harvest Food Bank Charitable Tax Return*

HOW WE ARE FUNDED

The North York Harvest Food Bank has a well developed and diverse fundraising program. We receive funding from a variety of sources including gifts from individuals, foundations and corporations. We also provide a number of fundraising initiatives, food drives and program sponsorship opportunities.

OPERATING REVENUES

Individuals	40%
Corporations	27%
Community Organizations & Fundraisers	14%
Special Events	5%
City of Toronto	3%
Other	11%



Who's HUNGRY



2007 Profile of Food Bank Clients

Food bank use has **increased 80%** since 1995

905,543 people used food banks in the GTA in 2007

- 34% of food bank clients are children
- 41% of food bank clients have been **using the food bank for greater than one year**
- 19% of families using food banks are single parent households
- 44% of food bank clients are living alone

Profiling Hunger

- 54% of clients use their trips to the food bank as part of their **monthly budget plan**
- 40% of clients **go hungry at least one day per week** so their children will not go hungry
- Despite this, **18% of children go hungry** at least 1 day a week – an increase of **45%** in the last decade

Housing

- 98% of people using food banks are **not homeless**
- On average **75%** of all respondents' income is **spent on rent alone** (> 50% places families at extreme risk of homelessness)
- *30% is considered affordable; anything above 50% puts people at risk of homelessness

The Cost of Living

- Annual median net income of the average food bank family: **\$11,748**
- The amount the average food bank client has left per person per day after paying rent: **\$6.61**

Employment & Welfare

- 20% of adult food bank clients work for a **portion of their income**
- Nearly **51%** of food bank clients report that a **disability or serious illness** prevents them from working

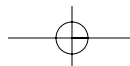
Immigration

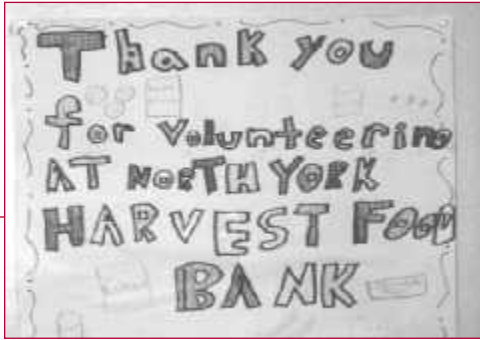
- Nearly **44%** of food bank clients were **born outside of Canada**
- 29%** of food bank clients that are immigrants have a **university or post secondary education** compared to **17%** of food bank clients born in Canada

Educational Attainment of Food Bank Clients



Source: North York Harvest Food Bank and Daily Bread Food Bank Who's Hungry survey of food recipients, 2007





WHO WE ARE

Core Volunteers & Groups

OFFICE & ADMINISTRATION

Annie Lee • Bill Faith • Jacqueline Perdue • Julia Paslavsky • Lara Yeo • Louis Ruffo • Lynette Bowen • Serguie Svistounov • Sheila Fruitman • Stanley Galganov • Suzana Kondo

COMMUNITY ACTION RESOURCE CENTRE (CAR-C)

Ari Zuckerbrot • Bruce Wood • Charlene Ai • Cynthia Whyne • Daphne Hart • Doug Seim • Francine Freidin • Glendene Isaac • Jan Smellie • Jeff Pance • Paz Galarce • Matthew Pike • Megan Prieur • Paz Galarce • Peter Neidhardt • Sarah Pell • Sherry Carty • Sherry Ocopnick

TRUCKING & TRANSPORTATION

Andrew Webster • Bruce Shaw-Smith • George Bodnar • George Fernandes • Jim Hicks • John Smith • Lennox Dawkins • Logan Johnston • Mathew Hijazi • Ori Bercovitch • Peter Randell • Robert Eveleigh • Robert Stanley • Rupert White

WAREHOUSE

Alex Watts • Anne Fiagello • Brenda Kalane • Carmen Betton • Chesley Noel • Dee Edwards • Denis Mailhot • Frank Fuda • Jacques Gravel • John Lee • John McCormack • Keith Lo • Kit Thai-So • Len Andrew • Mike O'Connell • Monika Kaczynska • Olga Kaynard • Ramesh Patel • Richard Kennard • Rick De Roia • Sam Liuzza • Viktor Freiman • Zahra Assi



Volunteer food sorter supreme Chesley Noel with Lisa Anderson, Volunteer Services Manager.

ORGANIZATIONS (SORTING & SPECIAL EVENTS)

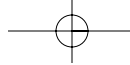
A Circle of Support • Caterpillar • Dell Computer Corporation • Durham Alternative Secondary School • Don Mills Rotary • ERA Community Living Services Inc. • First Ashford Rangers • Hewitt Associates • Kiwanis Don Mills • Kiwanis North York • Media Experts • META Centre • Muki Baum • Ranleigh Rascals Daycare • Reacts (Manulife) • REENA Foundation – SIL Day Programme • Temple Sinai Congregation of Toronto • Toronto Accolades • Toronto Central Dental Hygienist Society • Vita Community Living Services of Toronto Inc.

SPECIALIZED AND/OR COMMITTEE WORK

Bill Hozy • Darren Matsunaga • Deborah Allan • Fred Gorbet • Ian Alter • Jamie Stiff • Lorie Germain • Maria Soares • Nicole Caty • Tanya Dodaro

*Thousands of additional hours have been generously donated by many other individuals and organizations who have either volunteered at the North York Harvest Food Bank or who have organized food drives on behalf of our organization. (A list of community food drive organizations can be found elsewhere in the Report.)





WHO WE ARE



Governance & Staff

BOARD OF DIRECTORS

Executive

Morley Katz President Management Matters	Chair	Laura King Hahn Senior Specialist Health Partnerships Heart and Stroke Foundation <i>Chair, Governance Committee</i>	Nimmi Pitt Senior Labour Relations Specialist Centre for Addiction and Mental Health
Chris Hilborn Director, Internal Consulting Bell Canada <i>Chair, Finance Committee</i>	Treasurer	Doug Hennessy Director, Compensation & Benefits The TSX Group <i>Chair, Human Resources Committee</i>	Faye Thorek President Thorek/Scott & Partners
Brent Lawson Food Services Manager Youth Without Shelter <i>Chair, New Directions Committee</i>	Secretary	Boris Kogut Vice President of Capital Markets and Treasurer myNext Mortgage Company <i>Chair, Corporate Advisory Board</i>	Yulia Yegachov Community Resident

Directors at Large

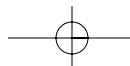
Susan Blue Nursing Manager Toronto Public Health	Harriet Lewis Secretary and General Council York University	Retired (June, 2007)
		Deborah Allan Michael De Gale

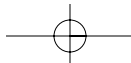
CORPORATE ADVISORY BOARD

Boris Kogut Vice President of Capital Markets and Treasurer, myNext Mortgage Company	Chair	Nicole Caty Director, Investment Banking, HSBC Securities (Canada) Inc.	Francois Poirier
Michael R. Landry Assistant Vice President, Corporate Development, Manulife Financial	Former Chair	Neil A. Jacoby, CFA Managing Partner, President, Aurion Capital Management	Robert Sadokierski Vice-President, Dealership Finance, BMO Bank of Montreal
Fred Gorbet CIT Chair in Financial Services, Schulich School of Business, York University	Chair Emeritus and Founder	Tammy Klein Principal, M.H. Marketing Strategies	Arlene Schecter Senior Manager, Procter & Gamble Inc. (retired)
Stewart Burton Vice President, Investment Banking Group, RBC Dominion Securities Inc.		Michel Leduc Vice President, Government & Industry Relations, Sun Life Insurance	Janis Wade Senior Vice President, Human Resources & Corporate Communications, CCL Industries Inc.
		Swati Patel Audit and Assurance Group, PricewaterhouseCoopers LLP	Peter Zissis Chief Financial Officer, Birch Hill Equity Partners
			Retired H. Bruce Williams

STAFF

Agency & Community Relations Manager* Agency Relations Assistant Client Services Manager Community Food Drive Coordinator Demonstration Garden Coordinator Development Officers	Katie Warwick Joanne Weitzman Ally Roy Joanna Jorgensen Tanashe Kanengoni Gloria Baldwin Cathy Henry (Direct Mail)	Volunteer Services Manager Warehouse Assistants	Lisa Anderson Oneneta Brown (January) Devon David (Sept – Dec) Andrew Hillis (Jan – Dec) Luke Jones (Jan – Aug) Mike Apolito
Donor Data Base Manager Executive Director Making Connections Coordinator Office Assistant (Summer) Office Coordinator Operations Manager & Bookkeeper Operations Supervisor & Driver	Mary Del Bianco Loren Freid Neera Mathuria Sonia Garofalo Angela Romita Brendon Noronha Ray Kelly	Warehouse Manager	
		*On Leave Agency Relations Manager Community Relations Manager	Katie Karimi Tania Principe





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Incorporated in 1985



THANK YOU, TORONTO!
For Sharing and Caring

