



NORTH YORK HARVEST: **A GROWING COMMUNITY**



ANNUAL REPORT 2011/2012



Cover: Two children enjoy themselves on a farm gleaning trip with North York Harvest clients and community members.



One of our youngest volunteers collects donations during the 2011 Winter Food Drive.

OUR VISION

A community where all members are able to meet their food needs.

OUR MISSION

- To provide dignified food assistance and support to community members in northern Toronto;
- To raise public awareness and provide education regarding hunger and its causes;
- To engage the community in meeting its members' food needs.

OUR VALUES

Access and Inclusion

Integrity

Collaboration

Excellence

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KEY FIGURES FROM HUNGER STATS 2011:

41%

of participants have been using food banks for 6 months or less

36%

are youth and children under 18

28%

of new visits were from people who had recently lost their jobs

73%

of income is spent on rent including utilities

Welcome from the Executive Director and Chair

Over the last year, it's become clearer than ever what an important role community plays in all of North York Harvest's programs and future vision. But what exactly does "community" mean to our organization?

For us, it's about embracing the unique needs of northern Toronto. Our large service area stretches from as far south as St. Clair Ave., up to Steeles Ave. and from Highway 27 in the west to Victoria Park Ave. in the east. There is great diversity across our catchment and, over the nearly three decades since North York Harvest opened its doors, these neighbourhoods have continued to grow and change.

The concentrations of need are varied and widely spread out across our service area. In many of our neighbourhoods we see large gaps in access where nourishing food is not easily available. To be successful as an organization, we must be attuned to the needs of each part of our community. This year we have focused on creating more effective, better-connected food programs: our Food Friendly Neighbourhood plans illustrate how different neighbourhoods need different supports, additional member agencies were brought into underserved areas, and our new Freightliner truck allows us to deliver food across the distances.

We also believe that community is about partnerships. We currently distribute food to 60 different partner programs across 40 member agencies. We've opened a new Community Food Bank in the Bathurst-Finch area, which you can read about on page 5. Alongside our Lawrence Heights Community Food Bank and the upcoming Oriole Food Space (which will have its grand opening February 5th), the Bathurst-Finch Community Food Bank showcases our community-driven approach. All three are focused on developing vibrant food- and health-based programs through close partnerships with other neighbourhood agencies, creating stronger more well-rounded support systems.

And finally, community means supporting our neighbours through difficult times. With a staggering 19% rise in demand across our



Anette Chawla, Executive Director and Francois Poirier, Chair

“With a staggering 19% rise in demand across our service area this year, we see that the need is growing again.”

service area this year, we see that the need is growing again. Yet, we are proud to say that North York Harvest was still able to meet our food delivery goals. We distributed a record 1.8 million pounds of food and 165,000 hampers in 2011/2012. We have also rebuilt our financial reserves after a difficult 2011, and have a new five-year strategic plan on the way.

This year's accomplishments are a testimony to our staff and Board, and we applaud their hard work. We are also incredibly grateful for our volunteers and donors; your contribution has been both essential and inspiring. North York Harvest's success is buoyed by your strong commitment to neighbours helping neighbours. In the many ways community is important, we are happy to have you as part of ours, in 2012 and beyond.

The Year's Highlights



Our trucks often clock in more than 1,000 km a week with pick-ups and deliveries across northern Toronto. This is why we were so excited to purchase a fuel-efficient, refrigerated Freightliner M2 this year! Big thanks to the generous support of Mackenzie Financial Charitable Foundation, and the Ontario Trillium Foundation. Other key donors include Harper Truck Centres Inc., the Harold E. Ballard Foundation, and individual donors.



Youth Take Action is the newest addition to our Youth Engagement Program. This intensive three-part series includes a school visit where students learn about hunger and poverty and plan a food drive, followed by hands-on volunteering, all rounded off by a civic action plan for further student involvement.

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We were thrilled to launch our Food Friendly Neighbourhood plans this Spring. The plans can be used to find the closest community kitchen, assist government in creating strategy, and help North York Harvest deliver targeted programs. To see how our plans can do this, and so much more, please visit: northyorkharvest.com/ffn.



Our Community Food Banks: Principles and Practice

One of North York Harvest's biggest endeavours this year was the opening of our Bathurst-Finch Community Food Bank. In addition to the many partner programs we support, North York Harvest now runs several Community Food Banks. Through these community spaces we are working to broaden the focus of traditional food banks and provide a well-rounded, dignified experience for clients. In addition to the more traditional food distribution, we also collaborate with local community organizations to offer a wide range of food and health-based programs.

environment. The Community Food Bank space is painted in bright, warm colours and is modelled after a grocery store, with open shelves and a choice of food options. Clients are given the opportunity to access the food that best meets their families' needs and is most appropriate to any dietary or health restrictions. Staff and volunteers also work hard to create personal relationships with clients.

The principle of *empowerment* is founded on client participation in food bank operations. Before this new location opened, we created a

Community Advisory Council made up of partner agencies, community members, and clients. The advisory council helped in the development of the Bathurst-Finch site and now gives clients an on-going voice in the direction of food bank programming.

We also offer volunteer opportunities for clients and other interested community members. Helping others and *connecting* with neighbours foster a sense of pride, as well as an opportunity to build new skills. By bringing community members together, networks of learning and support are created.

People living on low income may experience social

isolation and be unaware of support programs available in their neighbourhoods. The Community Food Bank helps *connect* people by offering workshops, farm trips, healthy cooking and gardening programs. Working closely with our key partners in the area – Unison Health & Community Services, FoodShare Toronto, and Circle of Care – ensures strong outreach. Through such vibrant programs and partnerships, clients can be provided with improved access to a wide network of social services.

North York Harvest's end goal is to create resilient and better-nourished communities. Through the principles of dignity, empowerment, and connection, we are re-imagining how food banks respond to neighbourhood food needs.



"You never get bored on Tuesdays because there is no moment when you stand or sit with nothing to do. Volunteering here keeps me active." Anette, Bathurst-Finch volunteer

Prior to the opening of the Community Food Bank, we looked closely at the Bathurst-Finch area and saw a community where many people struggle on low incomes, especially newcomers and seniors on fixed incomes. We also observed that, for many, a lack of a local food bank and other food programs meant traveling great distances to access the support they needed. Through our new Community Food Bank, North York Harvest is working to address this critical service gap.

Located in Northview Heights Secondary School, the Bathurst Finch Community Food Bank is founded on the core principles of dignity, empowerment, and connection. But how are these principles realized on the ground?

For us an important part of *dignified* food access is offering a welcoming and friendly

"I am not the person to ask anything. It was always about putting first the people in need and then me. But now it is different. When doors close, people do whatever it takes. A lot of lives are touched by this food bank."

**AHMAD,
BATHURST-FINCH
COMMUNITY
FOOD BANK
CLIENT**

This new community food bank was made possible by:



Member Agencies



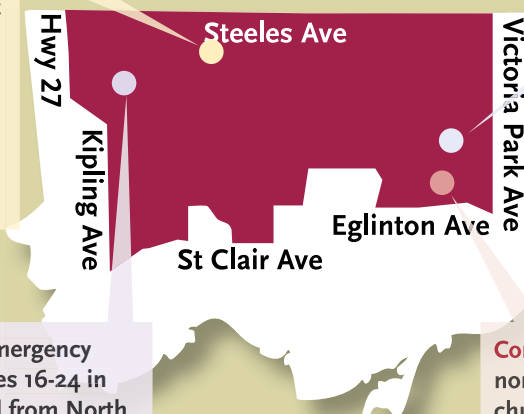
North York Harvest distributes 1.8 million lbs of food a year to 40 member agencies, free of charge. In addition to this food support, we provide member agencies with professional development workshops and other skill building opportunities for their staff and volunteers.

Elspeth Heyworth Centre for Women offers a range of programs that help immigrant and refugee women adapt to their new communities. North York Harvest provides food for the weekly community kitchen program. 4401 Jane Street, Toronto, ON

Adventure Place/ BBNow: Brahms Pre-Natal Program provides supports and interventions to ensure healthy infants and mothers. For over 16 years, North York Harvest has delivered food for program participants. 85 Scarsdale Road, Toronto, ON

Youth Without Shelter is an emergency shelter for homeless youth ages 16-24 in Toronto. The shelter uses food from North York Harvest to prepare daily hot meals and snacks for their fifty youth residents. 6 Warrendale Ct, Toronto, ON

Community Share Food Bank is a registered non-profit working in cooperation with five area churches, community members, and local service organizations. As our largest member agency, Community Share distributes 1,900 food hampers every month. 33 Overland Drive, Toronto, ON



The Jane-Tretheway neighbourhood: A Hub of Action

North York Harvest provides dignified food assistance and helps convene relationships between agencies. This enables a strong network of support in the Jane-Tretheway neighbourhood, located in the southern section of our service area.

For instance, the Trethewey Food Program, which serves the tenants of a local Toronto Community Housing building, is 100% resident run. This program not only provides food hampers, it gives community members the opportunity to help their neighbours while strengthening their own leadership skills. Residents can also go to the nearby Jane Street Hub to meet with a dietician, take prenatal nutrition sessions, cooking classes, and to pick up a food hamper. Finally, just a few blocks west, is Weston Area Emergency Support. Open to everyone in the surrounding area, this agency is one of the largest food banks in North York Harvest's network and is run entirely by volunteers. Neighbours working together truly make a difference.



Volunteers are at the heart of North York Harvest. Whether sorting food, answering phones, distributing food, attending events - our organization is fuelled by their energy.

ANNIE

Annie has lived in various parts of the world, but has found a home at North York Harvest. For the past eight years, Annie has been invaluable as a receptionist, coming in every week to answer phones and help callers, often clients. She finds she has learned a lot about compassion from working at NYH. "The staff and other volunteers are all very flexible, patient, and caring, which is quite a change from the business world where I used to work!" Annie explains with a laugh.



Annie



Juneja

JUNEEJA

When Juneja began as an education program volunteer in 2011, she quickly learned the ropes and became an invaluable asset. She recalls some of the best parts of her work with fondness. "I really love engaging with the kids, each new grade is different: how they think, their ideas. I love to see how they start connecting the dots, especially when it comes to poverty. Playing a small part in this makes me feel better."

Annie finds she has learned a lot about compassion from working at NYH.

LOUISE

Louise's decision to volunteer with North York Harvest has given her a renewed sense of purpose. From day one, her dedication and resourcefulness were clear. What began as sorting food in the warehouse extended to volunteering at the on-site food bank, and helping to facilitate the community kitchen programs. According to Louise: "Being a volunteer is a great thing because you get to use your resources in a positive way. So stay positive and learn because it will help you in the long term."



Louise and Corin



Torontonians from a multitude of businesses, neighbourhoods, farms and diverse communities donate food to us throughout the year—neighbours helping neighbours when they need it the most.

Farms and Gardens

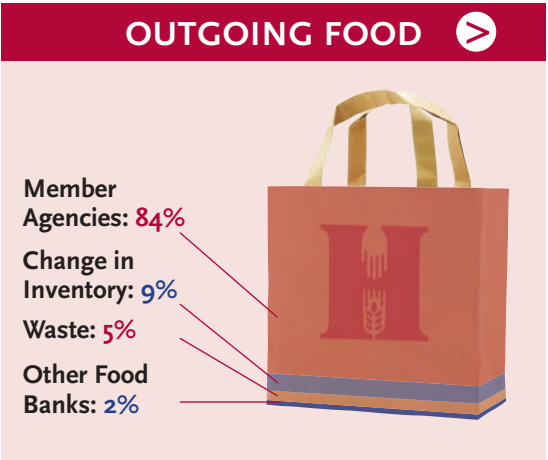
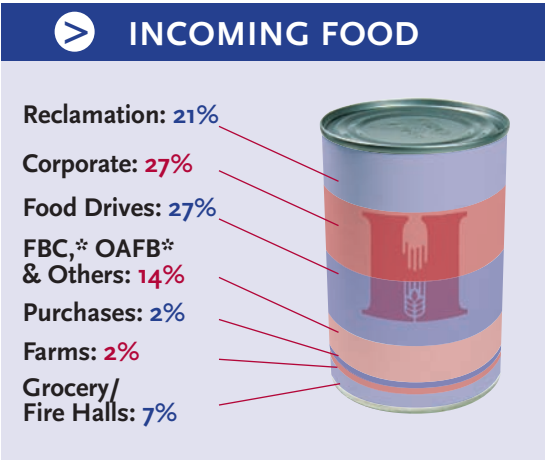
Forsythe Family Farms
Kavanah Garden
Gail Mentlik
PACT Urban Peace Program
Reesor Farm Market
Grace Stephens
Noreen Sturgeon
Barbara Toney
Toronto Botanical Garden
Whittamore's Farm

Corporate Donors

ACE Bakery • APS (Alternative Processing Systems Inc.)
• Bagel Plus • Canadian Fruit Company • Caritas Project • Cineflix (Copper) Inc. • Cobs Bread • Evergreen Garden Market • Feed the Need Durham/Lansing • Ferrero Canada • Fifth Town • Fresh For Less • Gaylea Fresh Food Cooperative Ltd. • Gryfe's Bagel Bakery Ltd • Hain Celestial Canada • Haymishe Bakery • Isaac's Bakery • Italtasta Limited • KAO Brands Canada (Accuristix) • Kinoko Foods Inc. • Lucky Food Market • Ma-Nina Ltd. • MASO Importing • Monopoly Commercial Realty •

Nestle Canada, Inc. • Pita Break • Procter & Gamble Inc • Purolator Inc. • Pusateri's • Richman's Bakery • Second Harvest • Select Brand Distributors • Sobeyes Whitby Distribution Center • Sobeyes Inc. Vaughan Distribution Center • Strellmax Ltd. • Sunflour Bakehouse Inc. • United Bakers • What a Bagel •

We also receive food donated through Food Banks Canada, the Ontario Association of Food Banks (OAFB), and Second Harvest.



*Food Banks Canada and Ontario Association of Food Banks.

Financial Supporters

This year, we have endeavoured to build even stronger relationships with our financial supporters and nourish a culture of philanthropy. We thank all those who donated – your valuable contributions help North York Harvest put food on tables.

Corporate, Foundation and Community Supporters

\$15,000 AND OVER

Catherine and Maxwell Meighen Foundation • CCL Industries Inc. • City of Toronto • Mackenzie Financial Charitable Foundation • Ministry of Tourism, Culture and Sport • Ontario Association of Food Banks (OAFB) • Ontario Trillium Foundation • RBC Foundation • S. Schulich Foundation • TMX/Shorcan • Youth Employment Services (Yes)

\$5,000 – \$14,999

Birch Hill Equity Partners Management Inc. • Bloomberg • Campbell Company of Canada (FBC & OAFB) • CHUM Charitable Foundation • Commercial Mortgage Lenders Association Golf Tournament • Extra Helping National Food Drive (OAFB) • Genworth Financial Canada • Green Shield Canada Foundation • J.P. Bickell Foundation • Monarch Corporation • RioCan Management BC Inc. • Scotiabank Global Banking and Markets • Sobeys Ontario • Sounds of the Season (OAFB) • The Grocery Foundation • The Harold E. Ballard Foundation • Tippet Foundation • West Scarborough Neighbourhood Community Centre

\$1,000 – \$4,999

Agricola Finnish Lutheran Church • Atrium II • Aurion Capital Management Inc. • Bank of Nova Scotia Trust Company • BBDO Canada Corp. • Carick Building Products Ltd. • Carrot Cache • CAW Canada • City of Toronto- Community Resources Section • Covenant Chapel • Dillon Consulting Limited • Don Valley Bible Chapel • DUCA Financial Services Credit Union Ltd. • Eckler Ltd. • Eli Lilly Canada Inc. • Employee Charitable Contributory Org. • FedEx • Fleck Family Foundation • Flemingdon Health Centre • Global Television Toronto • Hain-Celestial Canada • Investors Group • John Howard Society of Toronto • Jordan and Lynne Elliott Family Foundation • Manulife Financial • MAZON Canada • Noor Cultural Centre • North York Farmer's Market Association • North York General Hospital • Ram Iron and Metal Inc. • Rio Verde Minerals Corporation • Rotary Club of Etobicoke • Sanofi Pasteur • Sims Family Charitable Giving Fund • SSQ Financial Group • St. Andrew's Charitable Foundation • Steelworkers Humanity Fund • Tasker Financial Services Inc. • TD Canada Trust • TELUS • Temple Sinai Congregation of Toronto • The George Lunan Foundation • The Henry and Berenice Kaufmann Foundation • The Royal Bank of Scotland N.V. (Canada) Branch • Thorek Scott & Partners • Tony and Caley Taylor Family Fund at the TCF • Toronto Community Housing Corporation • U Weight Loss Clinic • Wal Mart Canada Corp (OAFB) • York University • York University – Centre for Student Community & Leadership

\$500 – \$999

Bell Canada • Bell Canada Employee Giving Program • Blake, Cassels & Graydon LLP • Bravehart Building • Business Development Bank of Canada • Casey's Grill and Bar • CCT (Targeted) 2008-1 • Curves International • Fieldgate Commercial Properties Ltd • FlightSafety Canada • Forest Hill United Church • Glenview Sr. Public School • Harry and Toby Jordan Foundation • Home Trust Company • Homelife Realty Services Inc. • Jubilee United Church • Kassirer Asset Management Corp. • Keller Williams Real Estate Service • Kiwanis Club of Don Mills- Golden K • Knights of Columbus – Blessed Trinity Council 11681 • Koehle Family Trust • Loblaw Companies Limited • Loretto Abbey Catholic School • Lowe's Companies Canada ULC • Meal Exchange • MMPI Canada • Morguard Investments Limited • North York Chevrolet Oldsmobile Ltd. • Parc Downsview Park Inc. • Patterson Presbyterian Church • PriceWaterhouseCoopers • Procter & Gamble Inc. • RBC Royal Bank • St Theodore of Canterbury Anglican Church • The Equitable Trust Company • The Evergreen Philanthropic Foundation • Toronto and Region Conservation Authority • Toronto Life - Spring Christian Fellowship • Toronto North Dental Hygienist Society • Twenty-First Century Investments Inc. • Universal Workers Union – LIUNA Local 183 • Vicbar Marketing Ltd • York University – FreeSAY

Corporate Connectors Circle



HOW WE'RE FUNDED

Our total operating revenue was \$1,337,883.

Donations: 45%

Foundations and grants: 31%

Community events: 12%

Government grants: 9%

Interest and other: 3%



FINANCIAL INFORMATION

SUMMARY BALANCE SHEET

As at August 31, 2012

	2012 \$	2011 \$
ASSETS		
Current assets		
Cash	72,206	57,882
Short-term investments	151,800	202,104
Accounts receivable	37,237	44,591
Prepaid expenses	3,159	10,369
	264,402	314,946
Property and equipment	135,660	67,656
	400,062	382,602
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	8,354	76,366
Deferred grants	126,756	124,755
	135,110	201,121
Deferred contributions related to property and equipment	133,634	106,834
	268,744	307,955
Net Unrestricted Assets	131,318	74,647
	400,062	382,602

SUMMARY STATEMENT OF CASH FLOWS

For the year ended August 31, 2012

	2012 \$	2011 \$
Cash provided by (used in)		
Operating activities	7,305	(51,980)
Investing activities	(53,465)	(2,057)
Financing activities	60,475	53,070
Decrease in cash during the year	14,324	(967)
Cash – Beginning of year	57,882	58,849
Cash – End of year	72,206	57,882

Report of the independent auditor on the summary financial statements To the Directors of North York Harvest Food Bank

The accompanying summary financial statements, which comprise the summary balance sheet as at August 31, 2012, the summary statement of revenues, expenditures and net assets and the summary statement of cash flows for the year then ended, and the related note, are derived from the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2012. We expressed a qualified audit opinion on those financial statements in our report dated January 28, 2013 (see below).

The summary financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles (GAAP). Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of North York Harvest Food Bank.

Management's responsibility for the summary financial statements

Management is responsible for the preparation of a summary of the audited financial statements on the basis described in the note to the summary financial statements.

Auditor's responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, Engagements to Report on Summary Financial Statements.

Opinion

In our opinion, these summary financial statements derived from the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2012 are a fair summary of those financial statements on the basis described in the note to the summary financial statements.

However, the auditor's report on the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2012 is qualified.

SUMMARY STATEMENT OF REVENUES, EXPENDITURES AND NET ASSETS

For the year ended August 31, 2012

	2012 \$	2011 \$
REVENUES		
Donations	601,621	495,163
Foundations and grants	407,295	383,839
Community events	161,639	152,544
Government grants	125,751	123,474
Interest and other	41,577	33,442
	1,337,883	1,188,462
EXPENDITURES		
Wages and benefits	944,431	990,342
Office and general	104,546	94,905
Fundraising and promotion	47,449	67,315
Amortization of property and equipment	37,685	43,176
Occupancy costs	48,400	48,400
Food purchases	58,564	57,185
Warehouse and trucking	30,628	33,390
Insurance	6,387	5,410
Volunteers	3,122	4,291
	1,281,212	1,344,414
Excess (deficiency) of revenues over expenditures for the year	56,671	(155,952)
Net Assets – Beginning of year	74,647	230,599
Net Assets – End of year	131,318	74,647

Complete audited financial statements, including related notes to the financial statements, are available from North York Harvest Food Bank.

Our qualified opinion, included in our report dated January 28, 2013 is based on the fact that in common with many charitable organizations, North York Harvest Food Bank derives revenues from donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of North York Harvest Food Bank. Therefore, we were not able to determine whether any adjustments might be necessary to donations, excess (deficiency) of revenues over expenditures and cash flows from operations for the years ended August 31, 2012 and August 31, 2011, current assets as at August 31, 2012 and August 31, 2011 and net assets at both the beginning and end of the years ended August 31, 2012 and August 31, 2011. Our audit opinion on the financial statements for the year ended August 31, 2012 was modified accordingly because of the possible effects of this limitation in scope. Our qualified audit opinion states that, except for the possible effects of the described matter, those financial statements present fairly, in all material respects, the financial position of North York Harvest Food Bank as at August 31, 2012 and its results of operations and its cash flows for the year then ended in accordance with Canadian GAAP.

PricewaterhouseCoopers LLP

Chartered Accountants, Licensed Public Accountants

Note to the Summary Financial Statements

Applied criteria in preparation of the summary financial statements are as follows:

- The information in the summary financial statements is in agreement with the related information in the complete financial statements; and
- The summary financial statements contain the information necessary to avoid distorting or obscuring matters disclosed in the related complete financial statements, included the notes thereto.

Board

Francois Poirier, **Chair**

(Managing Director, Wells Fargo Canada)

Chris Hilborn, **Treasurer**

(Director, Loyalty Programs, Bell Mobility)

Julie Callaghan, **Secretary**

(Senior Director, Integrated Performance and Strategic Projects, Unison Health and Community Services)

Feria Bacchus, MHS

(Executive Vice President, Sales & Marketing, NRC Picker Canada)

Marvin Daley

(Head of Sales and Business Development, First Canadian Title)

Krista Derksen

(Director, Human Resources, Canadian Bankers Association)

Boris Kogut

(Head of Asset Securitization, Corporate Treasury, Royal Bank of Canada)

David Krieger

(Founder and President, Krieger + Associates)

Kerry Mitchell

(President, Arlo Strategy)

Alessandro Sapienza

(Founder and President, Branding a Better Life)

Kent R. Sobey

(Founder and President, Farmhouse Productions Ltd.)

Peter Zissis

(Chief Financial Officer, Birch Hill Equity Partners)

Corporate Advisory Board

Paul A. Chin

Vice President, Real Estate Debt, Otera Capital



Michael I. Gans

Partner, Blakes



Beena Goldenberg

President, Hain-Celestial Canada

Neil A. Jacoby, CFA

President & CEO, Aurion Capital Management Inc.



Stephen Keith

President & Chief Executive Officer, Rio Verde Minerals Corporation



Tammy Klein

Principal, M.H. Marketing Strategies

Paul Knight

Chairman and CEO, UBS Canada



Boris Kogut

Head of Asset Securitization, Corporate Treasury, Royal Bank of Canada

David Krieger

Founder and President, Krieger + Associates



Kerry Mitchell

President, Arlo Strategy



Wojtek J. Niebrzydowski

Vice President and Treasury, Canadian Imperial Bank of Commerce

Swati Patel

Audit and Assurance Group, PricewaterhouseCoopers LLP



Benjamin Thorek

Associate, Genuity Capital Partners



Gregor Vahramian

President, Foundry Asset Management Inc.





THANK YOU FROM THE STAFF AND BOARD OF NORTH YORK HARVEST!

North York Harvest Food Bank

640 Lawrence Avenue West
Toronto, Ontario
Canada M6A 1B1
T: 416 635-7771
F: 416 635-5599
Web: northyorkharvest.com

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