

NORTH YORK HARVEST FOOD BANK



**REACHING PEOPLE,
MAKING CHANGE**



ANNUAL REPORT 2013/2014

Welcome from the Executive Director and Chair



Anette Chawla, Executive Director and Kerry Mitchell, Chair

It is an exciting time at North York Harvest! On April 30th, our warehouse and offices will be moving to a bigger and better location so we can continue to provide the best service possible to our agencies and clients in northern Toronto.

As we began, early last year, to look for the perfect new home, we were reminded of just how much of the city we reach every day. In 2014, with your support, North York Harvest has distributed over two million pounds of food to thousands of families in Toronto. And this was just the beginning.

This year we took the partnership with four of our agencies to a new level. We increased their capacity for fresh produce and perishables by supplying new fridges and freezers, provided training for staff and volunteers, and continue to work closely with the front line workers to directly impact the health and wellbeing of thousands of people.

In the last 12 months, our network has also grown significantly. We added two major grocery stores to our food drives, were part of more neighbourhood events, met with community leaders from across the city, and shared knowledge at food security conferences.

We worked with more than 2,000 volunteers, many also food bank clients, who went above and beyond to provide caring, dignified support. We connected with more corporations, foundations, local businesses and individuals, all invested in making sure everyone in our city has access to good food. The new relationships we built will be invaluable.

Every time we add more fresh produce to our hampers, provide support to our partners, deliver better service or join with others in our community to promote food security, our impact is felt across the city. And by providing programs based on dignity, empowerment and connection, we are supporting our clients to become change makers in their own communities.

Each step we take, however small, reverberates throughout the sizeable segment of the city we serve. Our goals may be big, but our reach is bigger. And with your support, a truly food friendly community is closer than ever.

We can't wait for you to visit our new home this spring and to share with you all the fantastic new resources, partnerships and possibilities that come with it. Along with the move, we are changing our name and logo to better reflect the communities we reach. In 2015, North York Harvest Food Bank will be changing our name and logo to better reflect the communities we reach. But rest assured, our dedication to the people we support, programs we offer, and good food we deliver, will stay the same. We look forward to sharing more with you soon!



OUR VISION

A community where all members are able to meet their food needs.

OUR MISSION

Engage our community in meeting the food needs of northern Toronto by providing dignified food assistance, education and long-term food solutions.

Banu's Story

More than 2,000 of you gave your time and talent to North York Harvest this year. From our warehouse, to our office, to our frontline programs, our volunteers were everywhere! Without you, our work simply would not be possible.

Banu, a client and a volunteer, has found both food and community at North York Harvest. Although she and her husband work, half of their income goes to rent. And with two children at home there simply isn't enough left over to cover all the costs. *"It's tough not to be able to give my kids the type of food they want and frustrating when I don't have enough food to feed my family."*

And as a volunteer, North York Harvest means more than a good meal to Banu. *"It's not just about coming to the food bank for the food my family needs. [Food] connects people, food is central to our relationships. It's where we gather and how we celebrate, it brings us joy."*

At North York Harvest we are working to provide the food our clients need today, and community support that gives hope for tomorrow.

Reaching Our Communities



Community members, corporate groups, students and food bank clients, our volunteers come from all walks of life.

NORTH YORK HARVEST FOOD BANK CLIENTS

Nearly
1 in 3

adults have gone a day
without eating because
they couldn't afford to

36%

are youth and children

Have
\$4.91

per day for food & other expenses
after paying rent/utilities

43%

have a disability
or long-term illness

Troy's Story

With your support, North York Harvest delivers food to youth shelters throughout northern Toronto, providing young people with access to nourishing meals so they can begin to imagine a better future. With the most basic needs of food and shelter met, residents can work on changing their lives.

Troy lives at Eva's Place, one of the shelters North York Harvest supports. Every day he sees the difference a good meal can make. *"Hunger is definitely a crisis. If there is food in the stomach, even if you don't have love, you are warm."*

Today Troy is focusing on the future. He has applied for an apprenticeship to help him reach his career goals and he is working to find a permanent place to live. This is just one of the ways the food we distribute makes a difference each day.



Eva's Place is just one of the 42 agencies North York Harvest is proud to support each month.

Our two trucks covered an amazing 27,000 km. That's more than 500 km a week!



We distributed 75,000 pounds of fresh produce across northern Toronto, 25% more than the year before!





Edith's Story

While you may not see, first hand, the difference your support of North York Harvest makes, the impact is deeply felt by our clients.

Like many seniors, Edith is struggling to make ends meet on a fixed income. After retiring at age 69, she has had to learn to make do with very little. *"I get by, but it is tight, living on my own."*

The hamper she receives helps keep food on her table, and by attending our Community Kitchen groups, Edith is learning new skills and has found community and companionship. *"Every time I come it's like Christmas. I am so appreciative of what I get."*

A growing number of our clients are seniors. Many have no pension and must depend on the little they receive from CCP and Old Age Security. At 77, Edith is still healthy and full of life. The support she finds at North York Harvest helps to relieve the stress of food insecurity and lets her focus on the good things in life.

Three Community Kitchen participants, learning to create delicious, healthy meals while making new friends.

517 Food and Fund drives, like this one organized by the students at Sathya Sai School, were held in support of North York Harvest this year.



The terrific staff at LG Electronics, our Winter Food Drive Presenting Sponsor, were some of the 2,000 volunteers who gave 21,650 hours to help their community.



Summary Financial Statements

SUMMARY STATEMENT OF FINANCIAL POSITION

As at August 31

	2014 \$	2013 \$
ASSETS		
Current assets		
Cash	223,987	157,286
Short-term investments	255,547	153,703
Accounts receivable	25,246	41,688
Prepaid expenses	8,985	8,843
	<u>513,765</u>	<u>361,520</u>
Property and equipment	141,604	155,314
	<u>655,369</u>	<u>516,834</u>
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	62,278	45,311
Obligation under capital lease	3,105	—
Deferred grants	180,645	141,256
	<u>246,028</u>	<u>186,567</u>
Obligation under capital lease	13,225	—
Deferred contributions related to property and equipment	127,107	153,638
	<u>386,360</u>	<u>340,205</u>
Net Unrestricted Assets	269,009	176,629
	<u>655,369</u>	<u>516,834</u>

SUMMARY STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS

For the year ended August 31

	2014 \$	2013 \$
REVENUES		
Donations	635,485	543,218
Foundations and grants	523,385	448,894
Community events	160,473	169,186
Government grants	116,468	128,765
Interest and other	34,363	41,266
	<u>1,470,174</u>	<u>1,331,329</u>
EXPENDITURES		
Food distribution program	603,406	559,391
Community programs	472,638	440,551
Fundraising	202,898	199,026
Administration	98,852	87,050
	<u>1,377,794</u>	<u>1,286,018</u>
Excess of revenues over expenditures for the year	92,380	45,311
Net Assets – Beginning of year	176,629	131,318
Net Assets – End of year	<u>269,009</u>	<u>176,629</u>

Complete audited financial statements, including related notes to the financial statements, are available from North York Harvest Food Bank.

SUMMARY STATEMENT OF CASH FLOWS

For the year ended August 31

	2014 \$	2013 \$
Cash provided by (used in)		
Operating activities	169,538	90,099
Investing activities	(101,844)	(47,972)
Financing activities	(993)	42,953
Increase in cash during the year	66,701	85,080
Cash – Beginning of year	157,286	72,206
Cash – End of year	<u>223,987</u>	<u>157,286</u>

Report of the independent auditor on the summary financial statements To the Directors of North York Harvest Food Bank

The accompanying summary financial statements, which comprise the summary statement of financial position as at August 31, 2014, the summary statements of operations and changes in net assets and cash flows for the year then ended, and the related note, are derived from the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2014. Those financial statements, and the summary financial statements, do not reflect the effects of events that occurred subsequent to the date of our report on those financial statements. We expressed a qualified audit opinion on those financial statements in our report dated December 17, 2014 (see below).

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of North York Harvest Food Bank.

Management's responsibility for the summary financial statements

Management is responsible for the preparation of a summary of the audited financial statements on the basis described in the note to the summary financial statements.

Auditor's responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

Opinion

In our opinion, these summary financial statements derived from the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2014 are a fair summary of those financial statements on the basis described in the note to the summary financial statements. However, the summary financial statements are potentially misstated as described in our qualified audit opinion in our report dated December 17, 2014 on the financial statements of North York Harvest Food Bank for the year ended August 31, 2014. Our qualified audit opinion is based on the fact that in common with many not-for-profit organizations, North York Harvest Food Bank derives revenues from donations and community events, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of North York Harvest Food Bank. Therefore, we were not able to determine whether any adjustments might be necessary to donations and community events revenues, excess of revenues over expenditures and cash flows from operations for the years ended August 31, 2014 and August 31, 2013, current assets as at August 31, 2014 and August 31, 2013 and net assets at both the beginning and end of the years ended August 31, 2014 and August 31, 2013. Our qualified audit opinion states that, except for the possible effects of the described matter, those financial statements present fairly, in all material respects, the financial position of North York Harvest Food Bank as at August 31, 2014 and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

PricewaterhouseCoopers LLP

Chartered Professional Accountants, Licensed Public Accountants
Toronto, Canada
February 2, 2015

Note to the Summary Financial Statements

Applied criteria in preparation of the summary financial statements are as follows:

- The information in the summary financial statements is in agreement with the related information in the complete financial statements; and
- The summary financial statements contain the information necessary to avoid distorting or obscuring matters disclosed in the related complete financial statements, including the notes thereto.

Food and Funds 2013-2014



FOOD (Total Pounds: 2,162,944)

INCOMING FOOD



Food Industry: **66%**



Food Drives: **29%**



Purchased: **1%**



Farm: **4%**

OUTGOING FOOD



Food Hampers **81%**



Supplementary Programs: **8%**



Perinatal Programs: **5%**



Community Kitchens: **2%**



Meal Programs: **2%**



Other (Snacks & surplus): **2%**

FUNDS

REVENUE

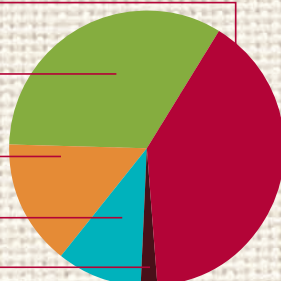
Donations: **43%**

Foundations and grants: **36%**

Community events: **11%**

Government grants: **8%**

Interest and other: **2%**

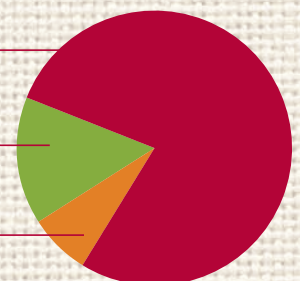


EXPENSES

Programs: **78%**

Fundraising: **15%**

Administration: **7%**



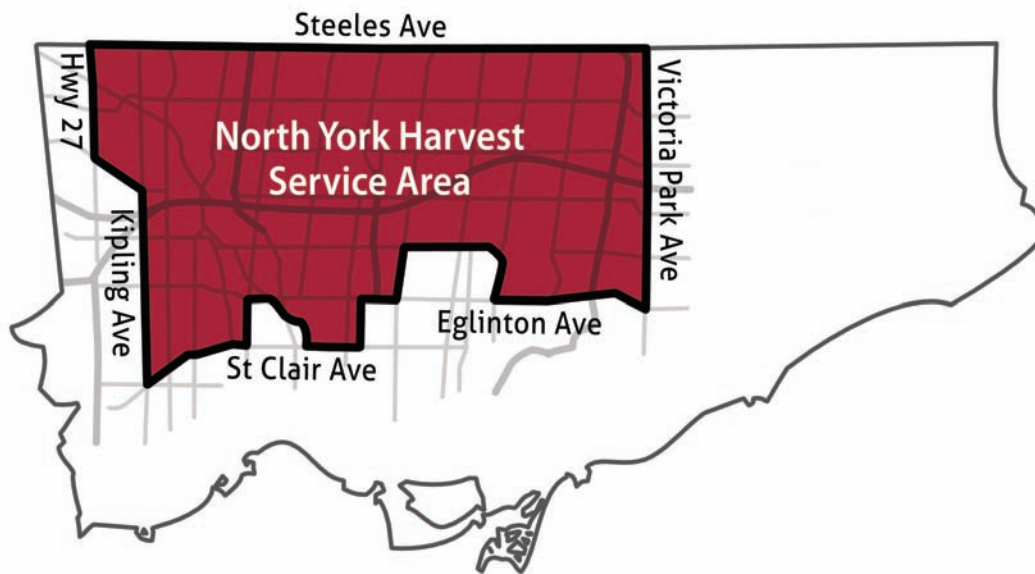
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Ryan Noble, **Vice Chair**
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Kent R. Sobey

In 2015, North York Harvest Food Bank will be changing our name and logo to better reflect the communities we reach. But rest assured, our dedication to the people we support, programs we offer, and good food we deliver, will stay the same. We look forward to sharing more with you soon!



North York Harvest Food Bank

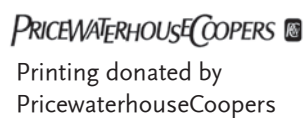
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