



A year of good
made possible
by **you.**

2017
ANNUAL
REPORT

A MESSAGE FROM OUR CHAIR

2017 was a year of phenomenal growth at North York Harvest and we have you to thank. As one of our incredible supporters, you've made sure we can be so much more than a food bank.

Sadly, the number of people who rely on us for help to keep food on the table each month continued to grow in 2017. The rising cost of living has put so many of our neighbours in an impossible position - being forced to decide between food, rent, childcare or medication, as they struggle to make ends meet. Thank you for making sure our neighbours in need could find healthy food for themselves and their families, even when times were tough.

While the food we provide is essential, and will always be at the center of our work, we know our community needs so much more to thrive. Your support throughout 2017 made sure we could not only meet people's food needs, but also work with our neighbours to build a healthier, more connected Northern Toronto through employment, skill sharing, gardening and drop-in meal programs.

Reading through this report, I hope you see just how much of an impact you are making in Northern Toronto. As the demand for our services grows, you are the reason we can be there for those who need us most.

In friendship,
Kerry

2017 BY THE NUMBERS

24,393

people found healthy food and support through our network of 37 member agencies, 31% of whom were children.

2.3

million pounds of food were provided to our community, including 230,000 lbs. of fresh produce.

140

community programs received the food they needed to run 38 community food banks, 21 meal & snack programs, 45 community kitchens, 11 pre-natal programs, 25 skills training programs.

36

students graduated from our Leadership and Logistics employment readiness program. Over 80% of those graduates went on to find full-time employment.

162,566

visits were made to our food programs by our neighbours in need.

FOOD MEANS CONNECTION

There's nothing like a nutritious, homemade meal to bring people together. Norma, a community leader in Lawrence Heights, saw how the power of good food can make a difference in the lives of seniors. "The isolation these seniors feel can lead to malnutrition. They are lonely and food brings people together," says Norma.

Together, with other caring volunteers, she organized a social lunch program. Seniors in the neighbourhood were encouraged to join in to meet others, have a healthy meal and just get out of the house.

Norma reached out to NYH for food assistance. Thanks to your support, we were happy to help. Because of you, her lunch program received fresh and healthy ingredients, including fresh produce, meat and dairy products.

Norma shared how important these meals are to the seniors she works with, giving them a chance to interact with friends in a safe and welcoming environment.

Their very first meal together was chicken noodle soup. It was such a change for the seniors to enjoy a home cooked meal together. "I was almost in tears when one of the ladies told me she couldn't remember the last time she had homemade soup," Norma recalls.

Because of you, in 2017 we provided the food used to create 26,860 drop-in meals for community members to share together. Your made sure everyone, regardless of income, could experience the joy of a good meal with friends.



FOOD MEANS COMMUNITY

Our Community Garden program had 4 main goals in 2017: create volunteer opportunities for our members, reduce social isolation in our community, increase access to fresh, healthy produce and improve access to culturally appropriate foods. We're proud to report we were successful on all fronts!

During the 2017 growing season, 285 garden participants produced an incredible 2,000 pounds of organic fruits and vegetables, grown for and by our neighbours.

We grew over 100 distinct varieties of plants, including: vegetables, fruits, herbs, flowers and even some medicinal plants. We focused heavily on growing culturally appropriate and familiar foods that our diverse group of participants would recognize and appreciate.

Our gardens grew more than food though, they grew community. Coming together to learn from each other and collectively create beautiful green spaces, participants got to experience their neighbourhoods in a new way.

Children got a chance to learn about where their food comes from, seniors and newcomers got a chance to share their gardening expertise and make new friends and three communities got a new neighbourhood green space to enjoy throughout the season.

During the fall, we held Harvest Festivals, community potlucks and neighbourhood meals to enjoy the food we had grown together.



FOOD MEANS POSSIBILITY

Tammy needed a fresh start. She was turning to the food bank monthly to make ends meet for her family. After 18 years of being out of the workforce, she knew finding a good job wouldn't be easy, but she was determined to find a way to provide for herself and her three kids.

Tammy entered our Leadership in Logistics program last year. With no experience working in a warehouse, she quickly made a name for herself among her instructors. Having shown an incredible work ethic and keen ability to bring order to our busy warehouse environment, she graduated 13 weeks later and we couldn't bear to let her go.

Tammy is now an instructor in our program, helping others gain the experience and opportunities they need to find good jobs to end their reliance on food banks.

In partnership with The Learning Enrichment Foundation, our Leadership in Logistics program provides community members receiving social assistance with the in-demand job skills and experience they need to find stable, well-paid work in the warehouse and logistics sector. In 2017, 36 students graduated from the program and over 80% of them went on to find work in the field.

Leadership in Logistics is just one way we are working towards our vision of a community where all members are able to meet their food needs. This program works to address the root cause of hunger - poverty - by using what we have to create opportunities for decent work in our community.



FOOD MEANS INNOVATION

We are always striving for new ways to ensure our community has the healthy food they need. In 2017, with the support of donors like you and the Metcalfe Foundation's Inclusive Local Economies program, we piloted a community-oriented food production system to bring an affordable, nutritious dry soup mix to the neighbourhoods we serve.

To get started, we asked our member agencies what types of food were most needed and hardest to supply for their clients.

They reported that there was a need for a hearty, vegetarian soup made with beans and rice that was nutritious but also easy to prepare.

Working with FoodShare and Food Starter, we created a unique Moroccan Lentil Soup. Not only is it delicious, our soup is a healthy, filling and nutrient-dense meal, which is easy to customize to suit specific tastes.

To prepare our soup mix, we teamed up with the Experiential Learning program at York Humber High School. The students in this program have special needs and are encouraged to learn life skills through hands-on training and experience.

We sold our soup mix at Food Share's Grab Some Good Markets and in their Good Food Boxes. For every soup sold, another soup goes on the shelf for someone using the food bank.

We created and shared over 2,000 packages of our soup in 2017 and we're so excited to grow this program in the coming year.



SUMMARY FINANCIAL STATEMENTS

Summary Statement of Financial Position

As at August 31	2017	2016
	\$	\$
Assets		
Current Assets		
Cash	381,389	249,557
Short Term Investments	259,947	258,673
Accounts Receivable	56,686	44,617
Prepaid expenses	21,798	19,015
	719,820	571,862
Property & Equipment	314,998	337,360
	1,034,818	909,222
Liabilities		
Current Liabilities		
Accounts payable & accrued liabilities	121,582	81,162
Obligation under capital lease	3,755	3,524
Deferred grants	135,019	96,335
	260,356	181,021
Obligation under capital lease	2,640	6,395
Deferred contributions related to property & equipment	288,412	323,973
	551,408	511,389
Net Assets Unrestricted	483,410	397,833
	1,034,818	909,222

Summary Statements of Cash Flow

For the year ended August 31	2017	2016
	\$	\$
Cash provided by (used in)		
Operating activities		
Excess of revenues over expenditures for the year	85,577	22,092
Items not affecting cash		
Amortization of property and equipment	65,079	68,870
Amortization of deferred contributions	(60,561)	(64,376)
	90,095	26,586
Change in non-cash working capital		
Accounts receivable	(12,069)	24,105
Prepaid expenses	(2,783)	(4,689)
Accounts payable and accrued liabilities	40,420	(13,306)
Deferred grants - net	38,684	(3501)
	154,347	29,195
Investing activities		
Disposal of short-term investments	158,673	157,258
Purchase of short-term investments	(159,947)	(158,673)
Purchase of property and equipment	(42,717)	(10,692)
	(43,991)	(12,107)
Financing Activities		
Repayment of capital lease	(3,524)	(3,308)
Deferred contributions received related to property and equipment	25,000	7,834
	21,476	4,524
Increase in cash during the year	131,832	21,612
Cash- Beginning of year	249,557	227,945
Cash- End of year	381,389	249,557

Summary Statement of Operations & Changes in Net Assets

For the Year Ended August 31	2017	2016
	\$	\$
Revenues		
Individuals Donations	618,014	594,578
Foundation Donations	483,702	455,289
Corporate Donations	249,097	211,156
Community Donations	144,461	94,707
Services	137,590	9,587
Special Event Donations	129,989	112,328
Government	97,889	111,801
Interest & Other Income	55,447	67,633
Wage Subsidies	20,802	42,769
	1,936,991	1,699,848
Expenditures		
Food Distribution Program	784,084	683,879
Community Programs	481,212	532,972
Fundraising	446,488	352,895
Administration	139,630	108,010
	1,851,414	1,677,756
Excess of Revenues over Expenditures for the Year	85,577	22,092
Net Assets - Beginning of Year	397,833	375,741
Net Assets - End of Year	483,410	397,833

Completed audited financial statements including related notes to the financial statements, are available from North York Harvest Food Bank

Note to the Summary Financial Statements:

Applied criteria in preparation of the summary financial statement are as follows:

- The information in the summary financial statements is in agreement with the related information in the complete financial statements; and
- The summary financial statements contain the information necessary to avoid distorting or obscuring matters disclosed in the related financial statements, including the notes thereto.

Report of the independent auditor on the summary financial statements To the Directors of North York Harvest Food Bank

The accompanying summary financial statements, which comprise the summary statement of financial position as at August 31, 2017, the summary statements of operations and changes in net assets for the year then ended, and the related note, are derived from the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2017. We expressed a qualified audit opinion on those financial statements in our report dated February 16, 2018. Those financial statements, and the summary financial statements, do not reflect the effects of events that occurred subsequent to the date of our audit report on those financial statements.

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of North York Harvest Food Bank.

Management's responsibility for the summary financial statements

Management is responsible for the preparation of a summary of the audited financial statements on the basis described in the note to the summary financial statements.

Auditor's responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, 'Engagements to Report on Summary Financial Statements'.

Opinion

In our opinion, these summary financial statements derived from the audited financial statements of North York Harvest Food Bank for the year ended August 31, 2017 are a fair summary of those financial statements on the basis described in the note to the summary financial statements. However, the summary financial statements are potentially misstated as described in our qualified audit opinion in our report dated February 16, 2018 on the financial statements of North York Harvest Food Bank for the year ended August 31, 2017.

Our qualified audit opinion is based on the fact that in common with many not-for-profit organizations, North York Harvest Food Bank derives revenues from donations and community events, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of North York Harvest Food Bank. Therefore, we were not able to determine whether any adjustments might be necessary to donations and community events revenues, excess of revenues over expenditures and cash flows from operations for the years ended August 31, 2017 and August 31, 2016, current assets as at August 31, 2017, and August 31, 2016 and net assets at both the beginning and end of the years ended August 31, 2017 and August 31, 2016.

Our qualified audit opinion states that, except for the possible effects of the described matter, those financial statements present fairly, in all material respects, the financial position of North York Harvest Food Bank as at August 31, 2017 and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

PricewaterhouseCoopers LLP
Chartered Professional Accountants, Licensed Public Accountants
Toronto, Canada
February 16, 2018

2017 MEMBER AGENCIES

Your generosity provided the healthy food our network of member agencies needed to support families, children, seniors and newcomer across Northern Toronto in living healthier, more connected lives. From neighbourhood food banks to after-school snack programs, you've made sure our neighbours have the food and support they need to thrive. Below is a list of our 2017 Member Agencies.

710 & 720 Trethewey Tenant Group
All Nations International Development Agency
The Apostles Continuation Church of Canada
Apostles Revelation Society
Canadian Red Cross
Centre for Spanish Speaking Peoples
Community Share Food Bank, Inc.
Delta Family Resource Centre
Doorsteps Neighbourhood Services
Elspeth Heyworth Centre for Women
Ernestine's Women's Shelter
Eva's Initiatives
Horizons for Youth
Humber Students' Federation, Northern Campus
Jane Finch Community Ministry
Jane/Finch Community & Family Centre
Lady Ballers Club
Lansing United Church
Mount Zion Filipino Seventh Day Adventist Church

North York Community House
North York Women's Shelter
Rexdale Women's Centre
Room to Grow Child Centre
Seneca Student Federation Incorporated
The Sick Kids Centre for Community Mental Health
Society of St. Vincent de Paul, St. Thomas Aquinas Conference
St. Alban's Boys and Girls Club
Syme-Woolner Neighbourhood and Family Centre
Thistletown Community Services Unit
Tobermory Community Activities
The Triumphant Church of God
Unison Health and Community Services
Weston Area Emergency Support
Weston King Neighbourhood Centre (Mt. Dennis Neighbourhood Centre Satellite Site)
York Federation of Students
York Memorial Presbyterian Church
Yorktown Child and Family Centre
York University, Glendon Women and Trans Centre
Youth Without Shelter

North York Harvest Community Food Spaces

Bathurst-Finch Community Food Bank
Lawrence Heights Community Food Bank
Oriole Food Space

2017 BOARD OF DIRECTORS

The Board of Directors is made up of a diverse group of community members who are dedicated to ensuring everyone in Toronto has access to enough healthy food. These women and men provide the governance for our organization sharing wisdom, their expertise and leadership.

Kerry Mitchell
Chair

Josh Neubauer
Vice-Chair

Kevin A. Munn
Treasurer

Nathalie Vengal
Secretary

Marvin Daley
Director

Krista Derksen
Director

Tony Cancelliere
Director

Andre Den Baars
Director

Michelle-Ann D. Hylton
Director

David Krieger
Director

Rachael MacKenzie-Neill
Director



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