

ANNUAL REPORT 2018-19



I GIVE BECAUSE...



It's important to work together to build communities
- Cassin Trust Solutions (Gastown)

We Love... and are always...
Martina Valente CISC
750 Lawrence Ave. W.

No one ever became...
by giving...
We feel blessed to support this group...
- Investors Group (Yorkdale)

We are each of us with only one wing, and we can only fly embracing one another...
- Nancy Martin

Every child needs proper nutrition to thrive!
- Sheral

It is a mitzvah
- J+C

When people do good work, we should support it!
- Rowena

NOBODY IN TORONTO SHOULD HAVE TO WORRY ABOUT HAVING ENOUGH FOOD!
- RYAN

It's so important to come and go beyond our own needs.
I want to help families like...

It is a great job done by NYH - keep up the good work!
Peter & Helen Crippin
We are all here to serve
APO SWAAS

Thank you for all you do!
- Andrew (Dad) & Sofia

UNION GAS Proudly supports NYHFB
NO ONE goes hungry. It is our duty to participate in their initiative.
- UNION

People Come First! (Ferring)

No one should go hungry
- Ash

We care very much... So we need to share! Thank you NYH for feeding us all! I can't do it alone but together we can make a difference!
- Michelle

I want to share!
- Elan

Sometimes we all need a helping hand
- Dawn (Shelby)

It takes many hands to feed a village.
- Gail (Bliss)

I know what it's like to be hungry.
- Barry (McLennan)

Many hands, one heart.
- Eklity

Every one makes a difference. Such a joy to celebrate our donors!
- Amy

King Together our lives in Maria

Saving lives

Food is a basic right, no one should struggle.
- Kary

Thanks for feeding so many needy people.
- Dean & Ann Levitt

NYH - Is the best of your guys!
- Tom

Food is a basic right, no one should struggle.
- Kary

It's so important to come and go beyond our own needs.
I want to help families like...

It is a great job done by NYH - keep up the good work!
Peter & Helen Crippin
We are all here to serve
APO SWAAS



OUR VISION

A community where all members are able to meet their food needs.

OUR MISSION

To engage our community in meeting the food needs of northern Toronto by providing dignified food assistance, education, focused advocacy, and long-term food solutions.

OUR VALUES

Access and Inclusion

We strive to ensure that diverse members of our community have full, fair and unbiased access to our services and are included in decision making.

Collaboration

We are dedicated to understanding, learning from, and working cooperatively with community members.

Integrity

We recognize the importance of being accountable and transparent in our actions and decision making processes.

Excellence

We strive for the highest quality in all our work and for the most effective use of our resources.

2018-19 BOARD OF DIRECTORS



Standing (Left to Right)

Nathalie Vengal
Tony Cancelliere
Rachael McKenzie-Neil
Jordan Hill (Vice Chair)
Joe Manner
Kevin A. Munn (Treasurer)

Seated (Left to Right)

Casey Ramsaran
Josh Neubauer (Chair)
Habon Ali (Secretary)
Carm McCormick

Not Pictured

Andre den Baars

LETTER FROM THE CHAIR

What an incredible journey serving on the North York Harvest board for the past six years. I am extremely proud of the growth our organization has achieved. As my chairmanship comes to an end, I want to commend our Board, and with the guidance of the staff led by our Executive Director Ryan Noble, for tackling challenges so we can remain relevant with our mission while keeping pace with rising needs in our community.

With emergency food support as our core service, North York Harvest has demonstrated an innate ability to think outside the box. For instance, our community programs enable our clients, especially newcomers and isolated seniors, to build their network of support. Through strategic partnerships, we are able to create programs such as Leadership In Logistics that improve job prospects for those who are receiving social assistance and, in the process, helping us to get food to the community as they are being trained. By simply pivoting and maximizing our existing infrastructure, we are able to help lessen the load on our social system.

With innovative use of our resources and network, we are able to serve those in need beyond our catchment. Through our delivery program, more than 1,800 children across the city receive their nutritious snacks. Our new FoodReach program, an online food purchasing portal, saves many not-for-profits from paying retail on food purchases or having to worry about logistics, thus allowing them to focus on their service delivery. Talk about a win-win situation.

Perhaps the one area in which I take the greatest personal pride is the strengthening of our advocacy effort. In addition to adding focused advocacy to our mission statement, we also established an Agency Council. As the organization continues to grow in response to the rising demand, it is important to get direct feedback from our network – their concerns and the needs of the clients. Ultimately, to address the root cause of food insecurity, we must aptly represent our clients and effect a systemic change. Whatever North York Harvest has accomplished, it's all because of the selfless contributions by our donors, advocates, volunteers and staff. Without their support, we would not be able to continue the quality programs that help so many.

It has been an honour and privilege to serve as the Chair of the Board. I have learned and experienced much. My commitment to this organization and food security will continue.



Josh Neubauer
Chair



OUR COMMUNITY'S VOICES

Through our food banks, we are addressing the immediate and vital need in our communities for emergency food support, while our advocacy program directly supports our commitment to long-term solutions. We are working upstream to address the root causes of poverty – the true source of hunger and food insecurity in our city.

“Poverty is not an individual issue, but rather a systemic one spanning complex geo-political, social, and economic issues that impact everyone. Advocacy can help inform policy makers about the realities of people who are food insecure.” Rachel Gray, Chair of the Toronto Food Policy Council (TFPC) explains.

Operating on both local and regional levels, our advocacy efforts focus around issues relating to our communities’ access to food, income, housing and programming space. To amplify our impact, we place great emphasis on community engagement and collaborations.

We work closely with other food banks as well as our own member agencies and members of our community to bring attention to the most pressing issues and the role people can play to address these issues. By co-producing the annual Who’s Hungry report, we produced a data-driven, fact-based document that calls for significant social assistance reform.

As an active member of Feed Ontario, our provincial association, we played a key role in the development of basic, intermediate and advanced benchmarks in the areas of advocacy, policy and education, for all Feed Ontario members. In addition, we submitted a written deputation to the City of Toronto’s Budget Committee calling on the city to properly fund its Poverty Reduction Strategy. We also contributed a pre-budget submission as part of the provincial budget consultation process.

“We are very proud of the consistent effort by North York Harvest,” says Carolyn Stewart, Executive Director of Feed Ontario. “Change can happen but we need to keep pushing forward to ensure food bank clients’ voices are heard.”

At last year’s annual general meeting, the North York Harvest board formally updated our mission to include advocacy as a way to work towards a long-term solution to break the cycle of poverty. We are committed to representing our clients’ voices and making sure that they are heard.



LETTER FROM THE EXECUTIVE DIRECTOR

North York Harvest's vision states: A community where all members are able to meet their food needs. This statement is purposely aspirational and speaks to our dream of a Toronto where emergency food assistance is no longer required because all people have the required income and access to nutritious, high-quality and culturally appropriate food. Practically speaking, this is a long and complex journey and I am proud to say that my team here at North York Harvest has been undaunted by the challenges and many positive steps were taken over the past year.

In spite of our long-term vision, we recognize that the need for food bank services is on the rise, so we set out to strengthen our organization operationally to ensure we can meet the demand. It's quite a feat to be able to undergo a transformation, changes that may be obvious only to keen observers, while achieving a balanced budget. After all, it is crucial to maximize the support our donors entrusted us with and more people can be served as a result.

In addition to food, some of the clients who visited our agencies last year benefitted from other services that we offer. The Sustainable Livelihoods program, for example, provided information and referral services so close to a thousand of our clients could receive support in other aspects of their daily living.

Another way to meet food needs beyond our 24,000 clients is through our collective purchasing and logistics program, where we leverage our specific capabilities to support non-profit organizations all over Toronto with their food procurement, warehousing and delivery needs. As a result of this programming, daycare centres, schools, shelters and other community agencies were able to purchase food at reduced, wholesale prices. The concept of leveraging our existing infrastructure and expertise to support the community while generating revenue that in turn builds our food bank operations, is something we will continue to develop to multiply our impact in our community.

We also confronted the root cause of food insecurity – poverty – by amplifying our clients' voices through our advocacy efforts. Bringing key issues such as affordable housing, public health funding cuts, and social assistance reform to the forefront, we worked with policymakers to find solutions based on moral as well as economic reasons. Studies have shown that funding cuts in key areas will only lead to greater cost in healthcare, social assistance and productivity down the road.

As you read this annual report, you will discover the many ways we work towards our vision, but North York Harvest does more than that—we help build a stronger and more-connected community. While we are equipped to face whatever challenges ahead, without a doubt we'll need the continued guidance and support from all the stakeholders.



Ryan Noble
Executive Director





Christian's Story

Two years ago, Christian Peter Egbe left his home of Nigeria and moved to Canada. Starting from scratch with his young family in a new country was a challenging journey.

The Leadership in Logistics program helped Christian develop valuable technical skills in a field in which he was interested in establishing a career. He received a full-time job offer after graduation and has since moved on to a higher paying position. Congratulations on your hard work, Christian, and we wish you all the best in your career!

INPUT & OUTPUT: METCALF FOUNDATION

As hunger continues to rise in our community, North York Harvest has had to focus on new, innovative strategies to systematically address the issue of poverty and rise above the status quo. With both the courage and foresight to tackle difficult problems, we've forged a key partnership with the Metcalf Foundation to drive change.

The Metcalf Foundation has been a longtime funder of the charitable sector, with a focus on sustainable economic opportunities for low-income people and communities in Toronto. Impressed by North York Harvest's history of success in the food sector and entrepreneurial vision, Metcalf saw the unique value our organization brought to the table.

"North York Harvest thinks outside the box to influence and effect positive change," says Adriana Beemans, Program Director of Inclusive Local Economies at the Metcalf Foundation. "To them, a successful program is not defined solely by meeting the funding criteria but its overall vision and impact."

We are honoured to have the Metcalf Foundation's support, which has allowed us to advance from strategy to outcome delivery for our Leadership in Logistics program. The program was created to help break the cycle of poverty for individuals currently receiving social assistance by giving them the confidence and training to succeed in the warehousing and logistics sector. Our partnership with the Metcalf Foundation has allowed many graduates to find employment in their field and get their lives back on track.



"North York Harvest has shown us that they can deliver what they promise and a willingness to share their learning," mentions Beemans. "Metcalf is proud to be a pillar of support for the North York Harvest community and we look forward to more impactful collaborations in the future."

Adriana Beemans
Inclusive Local Economies Program Director
Metcalf Foundation

THANKING OUR COMMUNITY



YOUR GENEROSITY

As an organization, we take great pride in maximizing donors' support to serve the community. In fact, 73% of our resources last year went directly to food distribution and community programs resulting in 24,000 receiving support through our network of 40 member agencies.

Not funded by the government, our expanding operation relies solely on compassionate individuals, community and religious organizations, foundations and businesses. Their generosity is what allows us to meet the growing demand.

One of our transformational supporters is CCL Industries, our partner in fighting hunger since we opened our doors in 1986. CCL's initial involvement came about because they wanted to make a difference in their local community and North York Harvest happened to be "right in their backyard." Over time, their involvement expanded to include employee engagement and food collection. CCL's former President & CEO, Wayne McLeod, also served on North York Harvest's board.

Another ardent supporter is Carmela Scopelleti from Sunnylea Homes Ltd. The association started when Carmela's son volunteered at North York Harvest, which gave the family a first-hand look at the organization's inclusiveness and impact.

"North York Harvest is an amazing organization and it makes our family very happy to be a part of it. They are making a great impact on our community and allow us to give back to help people in need," Carmela explains. We are so grateful for the Scopelleti family who have been supporting our work for the past two decades.

Over the past year, we unfortunately lost several long-time champions, including our good friend Anne Carr, who passed away shortly after her 99th birthday. North York Harvest was one of the beneficiaries in Anne's will and we are indebted to her generosity. Her legacy not only provided us the financial support but the encouragement to continue our effort and serve those in need.

To all those who have given us support and advice, we thank you.



2018-19 FINANCIAL STATEMENTS

Statement of Financial Position

As at August 31, 2018	2019	2018
	\$	\$
Assets		
Current Assets		
Cash	426,746	389,141
Short-term investment	100,000	100,000
Receivables	116,128	32,631
Prepaid expenses	33,569	34,514
	<u>676,443</u>	<u>556,286</u>
Capital Assets	<u>327,566</u>	<u>275,433</u>
	<u>1,004,009</u>	<u>831,719</u>
Liabilities and Net Assets		
Current		
Accounts payable and accrued liabilities	165,999	144,285
Deferred revenue	252,957	155,080
Obligations under capital leases	16,678	3,596
	<u>435,634</u>	<u>302,961</u>
Obligations under capital leases	93,128	14,260
Deferred capital contributions	<u>193,891</u>	<u>239,476</u>
	<u>722,653</u>	<u>556,697</u>
Net Assets - Unrestricted	<u>281,356</u>	<u>275,022</u>
	<u>1,004,009</u>	<u>831,719</u>

Statement of Operations and Changes in Net Assets

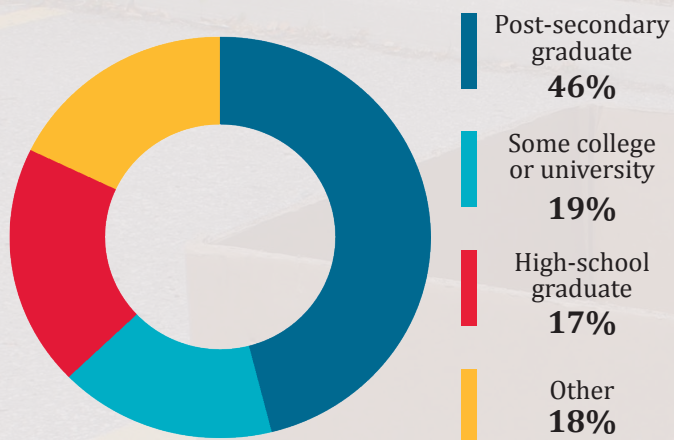
For the year ended August 31	2019	2018
	\$	\$
Revenue		
Individual donations	657,802	595,407
Foundation donations	640,693	566,193
Government grants	353,705	108,147
Services	268,342	177,427
FoodReach	192,719	-
Community donations	170,128	163,573
Corporate donations	153,484	212,521
Special event donations	108,456	80,154
Interest & other income	115,904	91,131
	<u>2,661,233</u>	<u>1,994,553</u>
Expenditures		
Food distribution operation	1,281,589	1,004,733
Community programs	661,679	668,337
Fundraising	394,474	395,480
Administration	132,536	134,391
FoodReach	184,621	-
	<u>2,654,899</u>	<u>2,202,941</u>
Excess (deficiency) of revenue over expenditures	6,334	(208,388)
Net Assets - Beginning of Year	<u>275,022</u>	<u>483,410</u>
Net Assets - End of Year	<u>281,356</u>	<u>275,022</u>

Statement of Cash Flows

For the year ended August 31	2019	2018
	\$	\$
Cash provided by (used in)		
Operating Activities		
Excess (deficiency) of revenues over expenditures	6,334	(208,388)
Adjustments required to reconcile excess (deficiency) of revenue over expenditures with net cash provided by operating activities		
Amortization of capital assets	60,010	55,020
Amortization of deferred capital contributions	(45,585)	(48,936)
Changes in non-cash working capital balances		
Receivables	(83,497)	24,055
Prepaid expenses	945	(12,716)
Accounts payable and accrued liabilities	21,714	22,703
Deferred revenue	97,877	20,061
	<u>57,798</u>	<u>(148,201)</u>
Investing Activities		
Purchase of capital assets	(8,342)	-
Disposal of short-term investment	-	259,947
Purchase of short-term investment	-	(100,000)
	<u>(8,342)</u>	<u>159,947</u>
Financing Activities		
Payments of obligations under capital leases	(11,851)	(3,994)
Increase in cash during the year	37,605	7,752
Cash - beginning of year	<u>389,141</u>	<u>381,389</u>
Cash - end of year	<u>426,746</u>	<u>389,141</u>
Non-cash transactions		
Disposal of capital assets under capital lease	-	(3,283)
Purchase of capital assets under capital lease	103,801	18,738

WHO YOUR SUPPORT IS HELPING

Highest Education Level of Food Bank Clients



24,000 unique individuals

9,196 new food bank clients



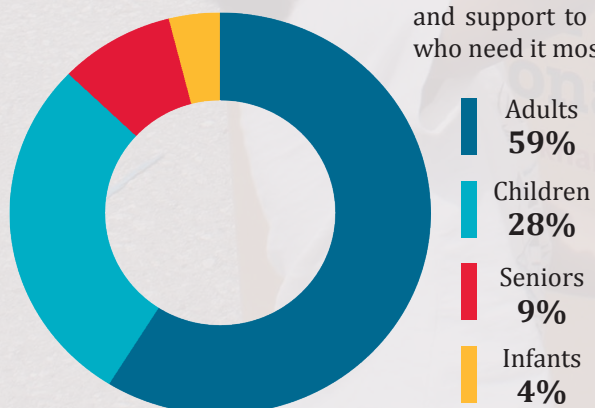
25% of our clients go hungry once a week

45% skip meals for an entire day due to lack of money

WHERE YOUR SUPPORT IS GOING

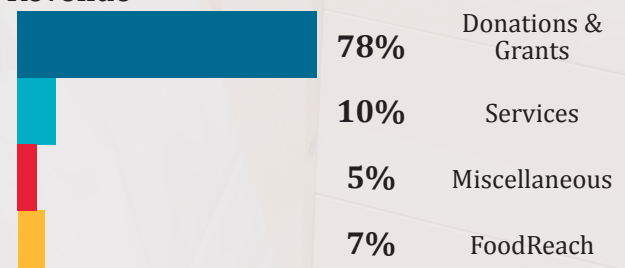
Food for Everyone

Every gift allows us to provide healthy food and support to those who need it most.

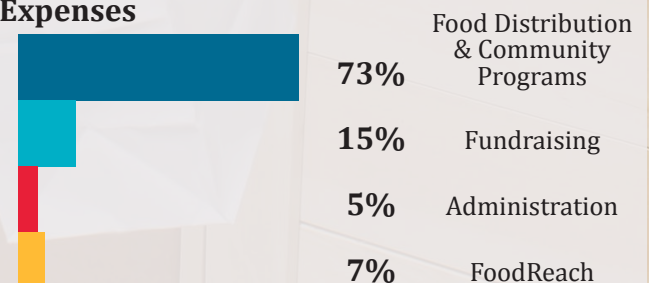


How Your Donations Helped

Revenue



Expenses



OUR PARTNERS

Thank you to all of our donors. This is a partial listing of donors who have given \$1,000 or more at the time of printing.

Foundations

Anonymous
Carol Sharyn Tanenbaum
Family Foundation
Catherine and Maxwell Meighen
Foundation
CHUM Charitable Foundation
Clark Family Foundation
Edwards Charitable Foundation
Enterprise Rent A Car Canada
Foundation
Felix Y. Manalo Foundation
George Lunan Foundation
Henry and Berenice Kaufmann
Foundation
Mackenzie Investments
Charitable Foundation
MAZON Canada
Metcalf Foundation
Nathan and Lily Silver Family
Foundation
Ontario Teachers Insurance Plan
RBC Foundation
Salden Foundation
The Hylcan Foundation
The P. Austin Family Foundation
The Sam Sorbara Charitable
Foundation
The Schulich Foundation
The Sobey Foundation
Tippet Foundation

Corporations

Anonymous
Cadillac Fairview Corporation Ltd.
Carick Home Improvements Ltd.
CCL Industries Inc.
Lilly
Feed Ontario
Food Banks Canada
Green Shield Canada
Griffith Foods
Hain-Celestial Canada
IATSE - Local 873
Industrial Alliance Insurance
& Financial Services Inc.
Investors Group Financial

Services Inc.
J. S. Cheng & Partners Inc.
Loblaw Companies Ltd.
Purolator Inc.
Ram Iron and Metal Inc.
Sun Life Assurance Company of
Canada
Tasker Financial Services Inc.
TD Bank Financial Group
The Mulholland Ross Real
Estate Group
TMX/Shorcan
UNIFOR
Walmart Canada
Wynn Fitness

Individuals

Anonymous
Estate of Anne M. Carr
Estate of Irene Kathleen Purden
Estate of Garbis Edmond
Philipos Torikian
Estate of Diana M. Webb
The Isaac Trust
Jessica Armstrong
Colin Arnold
Tony Cancelliere
Dr. Simon Carette
Tziporah Cohen and Jay Nathanson
Doron Dekel
Rita DeLaurentis
Andre den Baars
Karen Earl
Andrew Eaton
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Mildred Frank
Michael Gans and Nancy Wittman
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Eliza Grady
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Vic and Marion Hepburn
Rivette Herzig
Jordan Hill
Dorothy and Muneer Hirji
Brenda Humphreys
David and Maureen Jackson
Tammy Klein

Boris Kogut
Liang and Cynthia Lai
M. Olivia Lee
Dean and Ann Levitt
Harriet Lewis
Lynne-Anne McFeetors
Arti and David Meyers
Huw and Tricia Morgan
Bhavesh Muni
Kevin Munn
Ryan Noble
Caroline and Dennis Parolin
Dr. Vivienne Poy
Ed Richardson
Barbara Ritchie
Clara Robert
Lawrence Roseman
Joseph and Antoinette Sorbara
Allan R. Taylor
Louis Trani
Carol Anne Warrington
John and Josie Watson
Lynn Wheatley
Peter Zissis

Community

Anonymous
Agricola Finnish Lutheran Church
Cameron Public School
Chinese Evangelical Alliance
Church of Toronto
Consolidated Credit Counselling
Services of Canada Inc.
Crosslinx Transit Solutions -
Constructors
Havergal College
Kraft Heinz Company
Plus1
Qualcomm Canada Inc.
Sisters of the Good Shepherd
The Landing Restaurant Group
Timothy Eaton Memorial Church
Toronto and Region Conservation
Authority
UNIFOR - Local 112
Walmart Canada Corp
West Preparatory Junior Public
School

North York Harvest is a proud member of Food Banks Canada and Feed Ontario. Their leadership is what allows us to meet our community's food needs.



MEMBER AGENCIES

All Nations International
Development Agency

Apostles Continuation Church of Canada

Canadian Red Cross

Centre for Spanish Speaking Peoples

Community Share Food Bank, Inc.

Delta Family Resource Centre

Elsbeth Heyworth Centre for Women

Ernestine's Women's Shelter

Eva's Initiatives

Falstaff Food Bank

Horizons for Youth

Jane Finch Community Ministry

Jane Finch Community & Family Centre

Lansing United Church

Mount Zion Filipino Seventh-day
Adventist Church

North York Community House

Rexdale Women's Centre

Seneca Student Federation Incorporated

Sick Kids Centre for Community
Mental Health

Society for the Living Food Bank

St. Alban's Boys and Girls Club

St. Stephen's Anglican Church

St. Thomas Aquinas Food Bank

Syme-Woolner Neighbourhood
and Family Centre

The Triumphant Church of God

Thistletown Food Bank

Trethewey Tenant Group

Unison Health and Community Services

Weston Area Emergency Support

Weston King Neighbourhood Centre

Westway United Church

York Federation of Students

York Memorial Presbyterian Church

York University-Glendon Women
and Trans Centre

Yorktown Child and Family Centre

Youth Without Shelter

North York Harvest Community Food Spaces

Bathurst-Finch Community Food Space
Lawrence Heights Community Food Space
Oriole Community Food Space



North York Harvest Food Bank

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416-635-7771

www.northyorkharvest.com

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