

CONNECTIONS



We are grateful for your constant support, helping us get through the dramatic increase for emergency food. As we watch the food landscape continue to change, 2023 is shaping up to be another challenging year, with more community members relying on our support more than ever. Last November, we served the largest number of households in North York Harvest's history. Many of these first-time visits are from people who are employed. They could be a neighbour or a colleague, who just need a little assistance to combat inflation and put food on the table for their family.

As an organization, we are more determined to invest in long-term solutions to food insecurity while managing the emergency need. We will continue to support community members in need and provide dignified food assistance. North York Harvest hopes that you will be here, supporting the community, by our side.



Dear Councillor



Back during the Toronto Election, our community engagement team was at our community food spaces to engage with community members in an effort to promote access and inclusion into democratic decision-making processes. Over 150 people in our community wrote letters to the incoming councillors in order to share their perspectives and concerns. On behalf of our community, we presented these letters during the City Budget in January 2022 to bring their concerns to the municipal government. We have been hearing

consistently from our community members and partners that they are coming to the food bank because the cost of living is weighing heavier and heavier, making it impossible to live in this city and make ends meet. As we continue to see increasing, record-breaking demand, North York Harvest remains committed in ensuring both emergency food access while advocating for long term solutions to food insecurity and poverty in our community. To see our deputation, visit our [YouTube](#) or any social media platform and be sure to read our [Who's Hungry 2022](#) for our policy recommendations!

Join us on February 25, 2023!

it's cold



out there



Did You Know

2023 is the second year NYH is taking part in Coldest Night of the Year! We're doing an in person walk on Feb 25 at Oriole Community Centre. Learn more [here!](#)



The Coldest Night of the Year is a family-friendly fundraiser in support of your neighbours in the North York Harvest community who are experiencing food insecurity. Join our in-person walk.



Register Today:



How to participate



Register, please visit cnoy.org/torontoyorkmills.

To support North York Harvest, please select "Toronto York Mills" as your location.

If you would like more information, please contact us at support@northyorkharvest.com or 416.635.7771x21.

